Tanjeev Kaur, M.D., HMDC 840 S. Wood Street, 409 CSN, M/C 717 Chicago, IL 60612 Office # 312-996-8639; Fax # 312-413-8283 Email: tkaur@uic

Last updated: 6/21/2020

Current Position(s) Assistant Professor of Clinical Medicine, Division of AIM/Geriatrics, DOM	
Program Director of Geriatric Medicine Fellowship University of Illinois COM at Chicago, IL	11/2014 - Present
Associate Program Director of Geriatric Medicine Fellowship University of Illinois COM at Chicago, IL	2013 – 10/2014
Education	
Geriatric Medicine Fellowship, University of Illinois COM at Chicago, IL Internal Medicine Residency, St. Elizabeth Health Center (SEHC), Youngstown, OH M.B.B.S.(Bachelor of Medicine, Bachelor of Surgery)Govt. Medical College, Jammu, INE	2004-2005 2001-2004 DIA 1987-1994
Academic Appointments Assistant Professor of Clinical Medicine Department of Medicine University of Illinois COM at Chicago, IL	2013 - Present
Clinical Instructor University of Illinois COM at Chicago, IL	2006 - 2008
Professional Positions and Experience	
Medical Director, Palliative Care University of Illinois Hospital & Health Sciences System Chicago, IL	8/2018 - Present
Interim Director, Palliative Care University of Illinois Hospital & Health Sciences System Chicago, IL	11/2017 - 07/2018
Clinical Physician, Palliative Care University of Illinois Hospital & Health Sciences System Chicago, IL	8/2015 - 07/2018
Medical Director Symphony at Aria Nursing & Rehab Hillside, IL	4/2015 – 12/2019
Hospice Physician & Medical Director Designee Ingalls Hospice Harvey, IL	2010-2013

Hospice & Palliative Physician Seasons Hospice & Palliative Care Des Plaines, IL	2009 – 2012
Primary Care Provider Outpatient Clinic Hazel Crest, IL	2005-2012
Certification and Licensure	
Diplomate, ABIM Geriatric Medicine Diplomate ABIM Hospice & Palliative Medicine Hospice Medical Director Certification Board Diplomate American Board of Internal Medicine	2007 - 2027 2012 - 2022 2014 - 2020 2005 - 2015
IL State Medical License	Active
Professional Memberships and Activities	
NAPBC (National Accreditation Program for Breast Centers) Committee – UIH American Medical Directors Association (AMDA) American Geriatric Society (AGS) American Academy of Hospice & Palliative Medicine (AAHPM) American Medical Association (AMA)	11/2017- Present 2015- Present 2013- Present 2012- Present 2002- Present
Committee Assignments and Administrative Services	
Falls Committee Co-Chair University of Illinois Hospital & Health Sciences System Chicago, IL	01/2019 -Present
Medical Director, Palliative Care University of Illinois Hospital & Health Sciences System Chicago, IL	8/2018 - Present
Interim Director, Palliative Care University of Illinois Hospital & Health Sciences System Chicago, IL	11/2017 - 07/2018
Dissertation Committee Member, E. Ofori, PhD in Rehabilitation Sciences College of Applied Health Sciences, UIC	2016- present
Cancer Committee Member University of Illinois Hospital & Health Sciences System Chicago, IL	08/2015 -Present
Medical Director Symphony at Aria Nursing & Rehab Hillside, IL	4/2015 – 12/2019
Dissertation Committee Member, Yiru Wang, PhD in Rehabilitation Sciences College of Applied Health Sciences, UIC	2015-2019
DOM Education Workgroup, UIC	07/2015

Program Director of Geriatric Medicine Fellowship University of Illinois COM at Chicago, IL	11/2014 - Present
Associate Program Director of Geriatric Medicine Fellowship University of Illinois COM at Chicago, IL	2013 – 10/2014
Clinical Competence Committee Member Geriatric Medicine Fellowship Program. UIC	2013 –10/2014
Clinical / Quality Improvement Activities	
Improving Advance Directive documentation in primary care setting Maham N, Sreedhar R, Kaur T	2019-20
Increasing the Frequency of Fall Risk Assessment at the UIC Geriatrics Clinic Njoku F, Sreedhar R, Kaur T	2018-19
Improving Documentation of Advance Directives in the Primary Care Setting Manhas S, Sreedhar R, Kaur T	2018-19
Implementation of Annual Wellness Visits in the Geriatric Clinic Randhawa N, Sreedhar R, Kaur T	2018-19
Managing polypharmacy in Geriatric Clinic at UIC Mirza A, Sreedhar R, Luna G, Kaur T	2017-18
Improving Advance Directives Rate in Outpatient Geriatric Clinic Sharma A, Kaur T , Sreedhar R	2017-18
Preceptor – Telehealth at JBVA	2014
Educational Activities	
Interprofessional Geriatric Patient Care Panel Participation for the UIC COM and UIC College of Pharmacy Geriatrics Interest Gr	11/2019 oup
Palliative Care and End-of-Life Care Lecture for the Renal fellows, UIC	11/2019
ENGAGE-IL Professional Ethics and Ethical Issues in Geriatric & End of Life Care Panel Participation for the ENGAGE-IL Scholars and Leaders in Inter-professional Geriat	7/2019 trics, UIC
Palliative Care and End-of-Life Care Lecture for the IM Residents, UIC	6/2019
Caring for Patient's at the End of Life: Practice Challenges Panel Participation for the UIC College of Pharmacy	9/2018
ENGAGE-IL Professional Ethics and Ethical Issues in Geriatric & End of Life Care Panel Participation for the ENGAGE-IL Scholars and Leaders in Inter-professional Geriat	7/2018 trics, UIC
Supportive and Palliative Care – What Every Clinician Should Know. Lecture for the Renal Fellows, UIC	7/2018

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Morbidity & Mortality Meeting – IM Residency, UIC Palliative Care Consultant	3/2018
How to care for older adults: an interprofessional approach. Panelist for the UIC COM Geriatrics Interest Group.	2/2018
Alvar Svanborg Memorial Award Lecture: Guardians of Healthy Longevity by Donald A. Ja Activity Director, UIC	urivich, DO 2/2018
Palliative Care – We Are Different than Hospice Lecture for the Heme/Onc Fellows, UIC	12/2017
ENGAGE-IL Professional Ethics and Ethical Issues in Geriatric & End of Life Care Panel Participation for the ENGAGE-IL Scholars and Leaders in Inter-professional Geriatr	7/2017 ics, UIC
Caring for Patient's at the End of Life: Practice Challenges Panel Participation for the UIC College of Pharmacy	3/2017
Alvar Svanborg Memorial Award Lecture: Longevity Dividend by S.Jay Olshansky, PhD Activity Director, UIC	2/2017
Lecturer, Essentials of Clinical Practice and Professionalism (Palliative Care), UIC	2017- Present
ENGAGE-IL Professional Ethics and Ethical Issues in Geriatric & End of Life Care Panel Participation for the ENGAGE-IL Scholars and Leaders in Inter-professional Geriatr	7/2016 ics, UIC
Caring for Patient's at the End of Life: Practice Challenges Panel Participation for the UIC College of Pharmacy	4/2016
Lecturer, M3's Monthly Ambulatory Lecture (Geriatric s Assessment), UIC	11/2014-Present
Program Director, Geriatric Medicine Fellowship UIC-COM	11/2014-Present
Telehealth at JBVA, Course Developer	2014
Geriatric Updates & Board Review CME Program Activity Co-Director, UIC	2014
Preceptor - Essentials of Clinical Medicine Course, UIC	2013 -Present
Geriatric Updates & Board Review CME Program Activity Co-Director, UIC	2013
Caring for Patient's at the End of Life: Practice Challenges Panel Participation for the UIC College of Pharmacy	4/2013
Honors and Awards	
Certificate of Excellence in Teaching (IM Residency Program at UIC) Certificate of Recognition for outstanding leadership in the SLIG (ENGAGE-IL at UIC) (SLIG- Scholars & Leaders in Inter-professional Geriatrics)	2020 2019
Certificate of Appreciation for Contribution as a Preceptor and a Mentor in the M3 Internal Medicine Clerkship, UIC-COM	2018-19
Certificate of Excellence in Teaching (IM Residency Program at UIC)	2018

Certificate of Recognition for outstanding leadership in the SLIG (ENGAGE-IL at UIC)
(SLIG- Scholars & Leaders in Inter-professional Geriatrics)
Certificate of Excellence in Teaching (IM Residency Program at UIC)
All Star Award (IM Residency Program at SEHC, Youngstown, OH)
(For demonstrating the Core Values of Organization – compassion, excellence, human dignity, justice, sacredness of life & service)
Intern of the Year (IM Residency Program at SEHC, Youngstown, OH)
2002

Grants and Contract Awards

Current Research

R01AG050672 Bhatt (PI) 09/01/2016 – 05/31/2022

NIH / NIA

Aging and Mixed Perturbation Training to Reduce Falls in Locomotion

This grant examines the generalization or interference induced by a single perturbation type training (slip or trip) when encountering the opposing perturbation unexpectedly in older adults during walking, and subsequently examines the effect of combined slip and trip training on laboratory-induced and longer-term fall risk.

Role: co-investigator

R01HD088543 Bhatt (PI) 09/23/2016-07/31/2022

National Institutes of Health/NICHD

Perturbation training for enhancing stability and limb support control for fall-risk reduction among stroke survivors

The project design consists of a randomized controlled trial to examine the ability of chronic stroke survivors to acquire, generalize and retain adaptations to slip-perturbation training for not only mitigating fall risk but also improving walking function. It also explores translation of this paradigm to the sub-acute population.

Role: Data Safety Monitoring Board Member

Completed Research Support

R01AG044364 Pai (PI, 2013-2017); Bhatt (PI, 2017-2019) 09/30/2013 – 03/31/2020

NIH / NIA

Perturbation Training for Fall-Risk Reduction among Older Adults

This project explores perturbation training through the use of treadmill device and a motor learning approach, in which experience with slip-like perturbation generated by that treadmill is used to prepare the motor system to develop and then put to use fall-resisting skills outside of training environment (cross-environment transfer).

Role: co-investigator

P30AG022849 Ofori (PI) 09/01/2018–08/31/2019

NIA of NIH

Midwest Roybal Center for Health Promotion and Translation -

Pre Doctoral Award to Ernest Ofori

Feasibility of a virtual reality-based dance intervention for improving cognition, balance and physical activity in older adults with mild cognitive deficits

This pilot is an intervention based study with single-group design, where participants receive VR-based dance training for ten weeks. An anticipated 20 participants with a diagnosis of mild cognitive deficits will be recruited for initial screening. Accounting for exclusion rate of about 20% [20], as well as budget considerations and timeline for completion, an estimated sample size of n=15, will be used for this pilot study. Participants will be recruited primarily via the University of Illinois Outpatient Centers by working directly with the family medicine and geriatric medicine.

Role: co-mentor

3P30AG022849-15S1 Hughes (PI) / Bhatt (Pilot PI) 09/30/2003-05/31/2019

NIH /NIA

Midwest Roybal Center for Health Promotion and Translation Administrative Supplement - Multimodal Imaging and Connectomics

Pilot Title: Virtual-reality based Cognitive-motor-balance (VR-CogMoBal) training: Examining behavioral and neuromarkers for fall-risk reduction in older adults with MCI

Role: Collaborator

R01-AG044364 Pai (PI) / Bhatt (Co-I) PI (Bhatt) 07/01/2013-04/30/2017 05/01/2017-04/30/2019

National Institutes of Health/NIA

Title: Perturbation Training for Fall-Risk Reduction among Older Adults

This project explores perturbation training through the use of treadmill device and a motor learning approach, in which experience with slip-like perturbation generated by that treadmill is used to prepare the motor system to develop and then put to use fall-resisting skills outside of training environment (cross-environment transfer). **Role: co-investigator (From Jan 2019)**

U1QHP28730 Gruss (PI)

07/01/2015-06/30/2019

Health Resources & Services Administration (HRSA)

U.S. Department of Health and Human Services

Enhancing Primary Care with an Interprofessional Geriatric Program: Empowering and Educating Healthcare Professionals, Patients, Families, Caregivers, and Communities (ENGAGE-IL)

The purpose of this cooperative agreement program is to establish and operate geriatric education centers that will implement the Geriatrics Workforce Enhancement Program (GWEP)

project to develop a health care workforce that maximizes patient and family engagement and improves health outcomes for older adults by integrating geriatrics with primary care.

Role: co-investigator

Publications

Wang Y, Wang S, Bolton R, **Kaur T**, Bhatt T. Effects of task-specific obstacle-induced trip-pertubation training: proactive and reactive adaptation to reduce fall-risk in community-dweling older adults. (July 18, 2019) Aging Clinical and Experimental Research.

doi: 10.1007/s40520-019-01268-6 ; PMID: 31321743. https://www.ncbi.nlm.nih.gov/pubmed/31321743

Chang K, Lwanga A, **Kaur T**, et al. (August 04, 2018) P/Q and N-type Voltage-gated Calcium Channel Binding Antibodies Associated with Paraneoplastic Chorea and Mixed Invasive Ductal and Lobular Carcinoma of the Breasts in an Elderly Patient. Cureus 10(8): e3097. doi:10.7759/cureus.3097; PMID: 30338173. https://www.ncbi.nlm.nih.gov/pubmed/30338173

Sharma A, Masood U, Khan B, Li W, Chawla K, Manocha D, Ozden N and **Kaur T**. Livedo Reticularis: A Rare Skin Manifestation of Pancreatitis. Case Report in JOP. J Pancreas (Online) 2017 Jul 31; 18(4):352-354. http://pancreas.imedpub.com/livedo-reticularis-a-rare-skin-manifestation-of-pancreatitis.php?aid=19842

Malhotra G, Ramreddy N, Chua S, Iliescu M and **Kaur T**. A Curious Case of Acute Respiratory Failure: Is It Antisynthetase Syndrome? Case Reports in Critical Care. 2016, Article ID 7379829. http://dx.doi.org/10.1155/2016/7379829

Published Abstracts and Presentations

Malhotra G, Ramreddy N, Chua S, Iliescu M, Kaur T. A curious case of acute respiratory failure - Is it Antisynthetase syndrome? Case Reports in Critical Care. 2016, Article ID 7379829. http://dx.doi.org/10.1155/2016/7379829

Oral Presentations (Invited)

Supportive and Palliative Care – What Every Clinician Should Know. Gerontology Grand Rounds at Rush University Medical Center, Chicago, IL.

11/2018

July 2018

Speaker at CME event in Washington DC

Atlantic Health System accredited by the Medical Society of New Jersey.

Supportive and Palliative Care – What Every Clinician Should Know. 03/2018

DOM Grand Rounds at UIC

Poster Presentations

National Meetings:

Sharma A, **Kaur T**. Drug-Drug Interaction Leading to Fanconi's Syndrome in a Geriatric Patient. Poster presentation at the American Geriatric Society, Orlando, Fl. May 2018.

Mirza AF, Sanda A, Sattarova A, **Kaur T,** Luna G, Cruz K. Histoplasmosis Osteomyelitis in Immunocompetent Geriatric Patient. Poster presentation at the American Geriatric Society, Orlando, Fl. May 2018.

Lwanga A, Sharma A, Luna G, **Kaur T**. Non-traumatic lateral wall abdominal hernia in the setting of multiple bee stings. Poster presentation at the American Geriatric Society, Orlando, Fl. May 2018.

Lwanga A, **Kaur T**. She can walk "...miracles happen when we de-prescribe." Poster presentation at the American Geriatric Society, Orlando, Fl. May 2018.

Enriquez K, Cruz Madrid K, **Kaur T**. Aging with Scleroderma: An Unusual Case Presentation and appropriate interventions. Poster presentation at the American Geriatric Society, San Antonio, Tx. May 2017.

Alhassan S, Luna G, **Kaur T**., Cruz Madrid, Katya MD, FACP. A soft chest mass and chronic cough?-----Multiple Myeloma presenting as Mediastinal Plasmacytoma. Poster presentation at the American Geriatric Society, San Antonio, Tx. May 2017.

Assaf G (post-doc fellow) and **Kaur T**. SIRS in Elderly Patients: Atypical Symptoms and Reduced General Health. Poster presentation at the American Geriatric Society, Long Beach, CA. May 2016.

Assaf G (post-doc fellow) and **Kaur T**. Neurosyphilis Masquerading as Dementia: A Case Report. Poster presentation at the American Geriatric Society, Long Beach, CA. May 2016.

Malhotra G, Verma N, Iliescu M, **Kaur T**. Propofol Infusion syndrome - A rare complication of propofol use. Poster presentation at the American Thoracic Society, San Francisco, CA. May 2016.

Malhotra G, Ramreddy N, Chua S, Iliescu M, **Kaur T**. A curious case of acute respiratory failure - Is it Antisynthetase syndrome? Poster presentation at the American Thoracic Society, San Francisco, CA. May 2016.

Malhotra G, Sivaraman S, **Kaur T**. Methadone, A replacement for deadly heroin can kill you too!! Poster presentation at the American Thoracic Society, San Francisco, CA. May 2016.

Malhotra G, Sivaraman S, Cruz K, **Kaur T**. Contralateral bloody pleural effusion with pacemaker implantation - A mystery! Poster presentation at the American Geriatric Society, Long Beach, CA. May 2016.

Malhotra G, Verma N, Iliescu M, **Kaur T**. Propofol Infusion syndrome - A rare complication of propofol use. Poster presentation at the American College of Physicians, Chicago, IL. October 2015

Local Meetings:

Mirza AF, Sanda A, Sattarova A, **Kaur T**, Luna G, Cruz K. Histoplasmosis Osteomyelitis in Immunocompetent Geriatric Patient. Poster presentation at the Department of Medicine Scholarly Activities, UIC. March 2018.

Alhassan S, Luna G, **Kaur T**, Cruz Madrid K. A soft chest mass and chronic cough?-----Multiple Myeloma presenting as Mediastinal Plasmacytoma. Poster presentation at the Department of Medicine Scholarly Activities, UIC. March 2017.

Enriquez K, Cruz Madrid K, **Kaur T**. Aging with Scleroderma: An Unusual Case Presentation and appropriate interventions. Poster presentation at the Department of Medicine Scholarly Activities, UIC. March 2017.

Assaf G (post-doc fellow) and **Kaur T**. Neurosyphilis Masquerading as Dementia: A Case Report. Poster presentation at the College of Medicine Research Day (December 2015) and Department of Medicine Scholarly Activities, UIC. April 2016.

Regional Meetings:

Lwanga, A (post-doc fellow), Kassem M, Mehta V, **Kaur T**. Solitary cutaneous plasmacytoma an unusual diagnosis for a lesion on the lip. Poster presentation at the Annual ACP Residents' & Medical Students' Day, Illinois Chapter Northern Region. November 2017

Social Media

Panel member for a IM residency Career Day discussion. UIC DOM Educational Affairs Council, Recorded Live. January 2019.

- Chiefcast: Career Day Panel: career choices in medicine and the fellowship application process with a panel of guests: Drs Zar, Meyer, Kaur and Singla.
- Copy/paste this to your podcasting app: http://feeds.soundcloud.com/users/soundcloud:users:351319673/sounds.rss
- Or, listen directly on SoundCloud by copy/pasting this to your browser: https://soundcloud.com/uicimchiefs

Professional Community Activities

Planning Committee Member, Team captain of the UIC team and Participant in the "Walk to End Alzheimer's ®-Chicago" at Soldier Field to raise awareness and funds for Alzheimer's care, support and research.

https://act.alz.org/goto/UIC 10/26/2019

Participated in the "Walk to End Alzheimer's ®-Chicago" at Montrose Harbor to raise awareness and funds for Alzheimer's care, support and research.

10/28/2018

Participated in the First Ladies Health Day offering free health screening to improve the health of our communities and promote health equity.

09/15/2018
https://abc7chicago.com/health/first-ladies-health-fair-and-5k-to-promote-womens-health/4192655

Vice-President of the Shiv Yog Forum of Tinley Park, IL where volunteer regularly in conducting mindfulness programs involving spiritual discourse, yoga and meditation sessions thereby improving the emotional and physical well-being of the communities.

2016 - current

https://www.shivyogportal.com/forums/e1733b2e-e500-480f-a902-5257c02f85e1-842

Learn more: https://www.shivyogportal.com/about-shivyog