LEARNER INSTRUCTIONS

PATIENT: **Pat Jones**

AGE:

CHIEF COMPLAINT: **Cough and Sneezing**

VITAL SIGNS:	Blood Pressure:	120/80
	Pulse:	72
	Respiration:	16
	Temperature:	98.6

SETTING: **Clinic**

LEARNER TASK:

You are a 4th year medical student. You have 15 minutes to:
1. *Obtain an appropriate history*

2. *Give your tentative diagnostic impressions to the patient:*

Encounter 1

STANDARDIZED PATIENT TRAINING MATERIALS

What's your name?	Pat Jones
What brings you to the clinic today?	"I'm here today because I have recently developed a cough and am sneezing a lot. I thought it was just a cold but it doesn't seem to be going away. I have had it for 2 weeks

HISTORY OF THE PRESENT ILLNESS	
PHYSICAL SYMPTOMS	
When did your symptoms start?	Sneezing started 2 weeks ago. Cough began 1 week ago
Are you coughing up anything?	No-(not in case)
Does anything make the symptoms worse?	Worse at night and morning.
What makes the symptoms better?	Leaving home. Benadryl that roommate gave me
Any other symptoms?	Itchy eyes for two weeks, trouble breathing started 3 days ago. (If student follows up: the trouble breathing it is only in the morning.)
How are these symptoms affecting your life?	Not sleeping well
Anyone around you having the same symptoms?	No (Not in case)
Any idea what this may be?	I have been worried I am getting the flu. I have been reading a lot about it in the news

PATIENT'S PAST MEDICAL HISTORY	
What illnesses did you have as a child?	Asthma
Do you still suffer from Asthma?	No, I grew out of it. (OK if SP adds 16 y/o info here.)
When was your last asthma attack	16 years old
Any illnesses or diseases you have currently?	None
Any allergies?	none

What medications are you currently taking?:		
	Over-the-counter:	Took some Benadryl roommate gave me
	Prescriptions:	none

When was the last time you had a physical? **Dentist?** **Eye doctor?**		Yes/No	When:	Results:
	Visits physician regularly:	Yes	6 months ago	healthy
	Cholesterol checked:	Yes	6 months ago	180
	TB Test	Yes	in last 3 yrs	
	Performs self breast/testicular exam	No	No	
	Visits dentist	Yes	1 year ago	
	Visits ophthalmologist	Yes	1 year ago	

Do you drink alcohol? **Do you smoke?** **Do you use any illegal drugs?** **You mentioned you were having troubles sleeping…how much sleep do you usually get?**		
	Sleeping Habits:	8 hours
	Stress:	Minimal
	Tobacco:	No
	Alcohol:	3-4 beers on weekend.
	Illicit Drugs:	No

Sexual Habits: **Are you currently**	Current:	
	Monogamous:	Yes
	Number of partners:	1
	Orientation:	Heterosexual

sexually active?	Form of birth control:	Condoms		
	Safe sex practices:	<mark>Yes</mark>		
Men, women or both?				
	History of STDs:	No		
	Tested for HIV:	Yes-Negative		
Do you practice Safe Sex?				
FAMILY MEDICAL HISTORY				
Are your parents still alive?	My father is. (OK if they also say that mother is deceased)			
How did your mother die?	Leukemia (when you were three)			
How's your father's health?	He has high blood pressure and cholesterol			
Brothers or Sisters?	Sisters: No			
	Brothers: No			
How are your Grandparents?	Grandparents: All deceased			
You mentioned your father has high Cholesterol…do you? **Do you know what your last Cholesterol number was?**	Cholesterol checked:	<mark>Yes</mark>	6 months ago	<mark>180</mark>

Summarize/Recap: Use what SP said, hitting any wrong info given.

Conclusion: "*I believe you may have allergies due to your cat. If this is true, then probably the best solution might be to get rid of the cat. Of course we will have to wait to see what my attending says.*"

SP must say:	I'd like to get a second opinion.