

Patient Instructions—Split-Dose Regimen

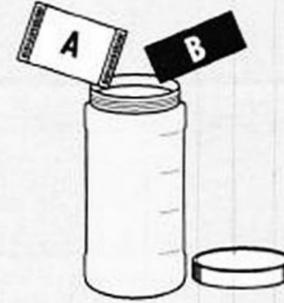
The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

The evening before your colonoscopy beginning at: _____

STEP 1 MIX FIRST DOSE

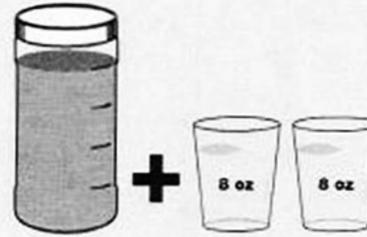
- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



STEP 2 DRINK FIRST DOSE

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep



Clear liquids include water, ginger ale, apple juice, Gatorade, lemonade, and broth. No red or purple liquids**

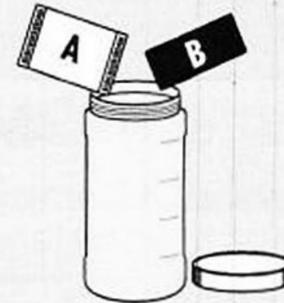
Ask your doctor if you have any questions about whether a particular drink is acceptable.

The morning of your colonoscopy beginning at: _____

STEP 3 MIX SECOND DOSE

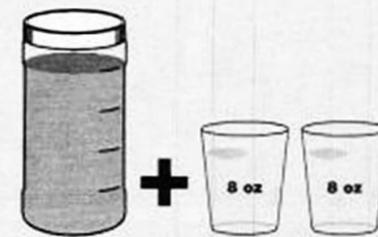
- Empty 1 Pouch A and 1 Pouch B into the disposable container
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If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



STEP 4 DRINK SECOND DOSE

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Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. **Make a conscious effort to drink as much as you can before, during, and after the preparation.**

If you have any questions, please call our office at _____.

*Gatorade is a registered trademark of Stokely-Van Camp, Inc., Chicago, Ill.