



UNIVERSITY OF ILLINOIS AT CHICAGO

DEPARTMENT OF FAMILY MEDICINE

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DFM RESIDENCY ALUM: ANDREW DYKENS, MD '07



In August of 2007, Dr. Andrew Dykens became one of the newest additions to the DFM as a Clinical Instructor of Family Medicine and physician at UIC's Mile Square Health Center. Originating from southwest Missouri, Dr. Dykens came to Chicago after receiving his medical degree from the University of Missouri-Columbia to accept an appointment as a resident physician in the UIC Department of Family Medicine Residency Program. As a third year resident, Dr. Dykens matriculated in the School of Public Health, in pursuit of a masters degree with a concentration in Health Policy and Administration. He will be completing his degree by presenting his capstone experience this November where he will propose a formalized collaboration between the United States Peace Corps and US Primary Care Residency Programs in a discussion entitled "Peace Care." Dr. Dykens has a strong interest in chronic diseases, community medicine, and health disparities and, to this end, he serves as director of the Healthy Heart Group Visit Program at Mile Square Health Center.

In addition, as anyone in the DFM can attest, Dr. Dykens holds a passion for global health. With the combined enthusiasm of several DFM faculty members, he is directing the newly implemented Global Community Health Track through the UIC Department of Family Medicine Residency Program. This developing program strives to expose interested resident physicians to a global community health perspective.

His interest in global health first developed through his experiences as a Peace Corps volunteer from 1997 to 1999 in Mauritania, West Africa. (He is pictured below with his host sister, Mami). He served as a Health Education/Water Sanitation volunteer in Selibaby, the capitol of the Guidimakha region, with a population of around ten thousand people. Dr. Dykens lived with a Soninke host family, with whom he has stayed in good contact. He concentrated primarily on HIV/ AIDS education and worked with a local youth group to incorporate health themes into their traditional songs and skits. They performed in small villages all over the Guidimakha region, a region bordering both Mali and Senegal, and at high risk for HIV transmission due to the degree of transnational commerce.

During medical school, Dr. Dykens returned to West Africa to shadow the regional World Health Organization director and study the health system of Senegal, the country bordering Mauritania to the south. He is active in the global health education consortium and contributed to their modules project by co-authoring a module entitled "Planning Your Global Health Elective", which is intended to guide medical students and residents through the process of planning an international experience. He was also able to participate in one of these experiences, himself, in a Tropical Medicine/Intensive Medical Spanish month elective in Costa Rica. Through the development of the Global Community Health Track, Dr. Dykens hopes that more resident physicians will have the opportunity to develop the deeper understanding of health disparities and an individual's right to healthcare.

Dr. Dykens will be giving a series of presentations for the DFM Grand Rounds program on the subject of Global Healthcare:

- * November 5, 2009 - "Globalization: Economics & Global Healthcare"
- * January 21, 2009 - "The Health Risks & Determinants of Chronic Disease"
- * April 22, 2009 - "Migrant Health"

We congratulate Dr. Dykens on his experiences thus far and look forward to his contributions to the DFM!



RESIDENTS ENHANCE EDUCATION THROUGH CONFERENCES

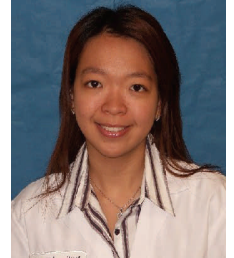


This past October two DFM residents, Rosita Miranda, MD R3 and Kathleen Talamayan, MD R2 had the opportunity to enhance their educational experience by attending national conferences.

Dr. Miranda, (pictured left) attended the Geriatric Medicine for Family Physicians Course, sponsored by the AAFP, held in Monterey, CA from October 1 -5, 2008. It was an intensive course focused on the necessary and clinically relevant aspects of Geriatric Medicine. It consisted of educational lectures, breakout sessions, and interactive discussions on a variety of topics including cardiology, chronic disease management, nursing home care, practice management, billing, and medication management. In addition to this, she also attended several optional hands-on workshops on dermatological procedures, joint injections, including free yoga and Tai Chi sessions.

With a significant portion of her future practice dealing with Medicare and nursing home patients, she came away from this feeling confident that she will be able to provide the best evidence based care to patients in this age group. It also provided a great place to network and meet colleagues at various stages of their careers.

Dr. Talamayan (pictured right) attended the American Public Health Association' 2008 Annual Meeting and Exposition held October 25 - 29, 2008, in San Diego, California. During the conference, Dr. Talamayan presented a poster entitled "Impact of an aging population on eHealth information delivery: An accessibility analysis".



The department is extremely proud of both Dr. Miranda and Dr. Talamayan for their efforts.

UIC DFM RESIDENCY ALUMNI UPDATE

In an effort to update our residency alumni database, we would like to hear from you! Not only will we be able to keep you informed of future alumni events at UIC, this will be a great way to network with UIC grads located near you. Please email your current practice name and location to fmres@uic.edu. Listed below are recent 2008 graduates; we will continue our listing in the next issue of the newsletter!



- ❖ **Shailendra Kapoor, MD** joined the Summit Medical Group in Tennessee.
 - ❖ **Katina Bonaparte, MD** has accepted a position at the Cook County Jail.
 - ❖ **Michelle Plaster, MD** has joined a private practice in Social Circle, Georgia.
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- ❖ **Agnieszka Skop, MD** welcomed daughter Zofia (pictured left) into the world on Monday, September 8, 2008. Congratulations and best of luck to the entire Skop family!!!
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RESIDENCY ALUMNI RELEASES WELLNESS BOOK

In other alumni news, 1997 DFM Residency Graduate **Seema M Patel, MD, MPH's** book, "Your Guide to Optimal Health, Creating Your Personal Wellness Wheel" was released in October 2008. Dr. Patel also appears on Fox TV Philadelphia for weekly health segments entitled "Health Lifestyles." More information on Dr. Patel's work can be found at: <http://www.optimalhealthtoday.com/drpatel.htm>.

ULTRASOUND WORKSHOP

On October 29, 2008, Dr. Evelyn Figueroa held the last session of a 2008 quarterly workshop series on **Limited Obstetrical Ultrasound for the Family Physician**. The workshop, intended for Family Medicine attending physicians and residents, nurse midwives, and other providers, teaches non-OB physicians and providers how to perform and interpret limited obstetrical ultrasound.

Course instructors included DFM Faculty, Dr. Figueroa, Dr. Emily Godfrey and Dr. Glenda Rios.



DFM ANNOUNCEMENTS

Maria Devens, PhD; Mark Potter, MD; Memoona Hasnain, MD, MPHE, PhD and Nipa Shah, MD volunteered at the IAFP Residency Fair, held at Northwestern University's Feinberg School of Medicine in downtown Chicago on October 25, 2008. The residency fair is an annual event with hopes of attracting medical students to various residency programs. It was a great opportunity to not only meet prospective students, but also to note what other residency programs are doing in regards to curriculum and recruitment.

On November 18, 2008, **Javette Orgain, MD, MPH** will be sworn in as President of the Illinois Academy of Family Physicians. She will take the oath of office at the President Inauguration Special Event held at the Harold Washington Library in downtown Chicago. Congratulations to Dr. Orgain!



Congratulations to **Samuel Grief, MD** who is the featured speaker in the newly released CME program now offered on Medscape <http://cme.medscape.com/viewprogram/14921>. This is part of the AMA's secondhand smoke clinical practice initiative funded by the Environmental Protection Agency.

Memoona Hasnain, MD, MHPE, PhD was featured in the Chicago Tribune and UIC News on the subject of Ramadan and the issues fasting raises in the doctor-patient relationship. A link to the Chicago Tribune article is <http://www.chicagotribune.com/news/local/chi-ramadan-01-sep01.0.6862837.story>. The UIC News Story can be found at <http://www.uic.edu/htbin/cgiwrap/bin/uicnews/articledetail.cgi?id=12347>

DFM COMINGS AND GOINGS

Please welcome **Richard Stringham, MD** to the Department of Family Medicine! Dr. Stringham (pictured right) joined the DFM on August 16, 2008 as Assistant Director of Pre-doctoral Education and Assistant Professor of Clinical Family Medicine.



Also welcome **Jeff Korba** and **Shelley Jacobs** (pictured left) to the DFM Staff! Jeff serves as the Department's IT Specialist and Shelly works in the residency program as Project Coordinator.

On October 16, 2008 an already familiar face in the department, **Abbas Hyderi, MD, MPH** (pictured right) became Visiting Associate Director for the Family Medicine Residency Program.



The University Village Family Medicine clinic has some new faces as well: (pictured at from left to right) **Audrey Ard**, Medical Assistant; **Lina Lee**, MA Extern and **Margaret Acree**, 'extra help' CSRI. **WELCOME ALL!**

In October, the DFM said goodbye to **Shreeketa Mehta, MD** and **Marisela Dominguez, MD**. Dr. Mehta accepted a position in Seattle, Washington. Dr. Dominguez will be working in Florida. **BEST OF LUCK!!!**

ALSO COURSE AT UIC - February 6-7, 2009

The Department of Family Medicine at UIC will be hosting the AAFP & AMA Category I CME-accredited ALSO Course on Friday and Saturday, February 6-7, 2009. The course will be held on the UIC campus, in the College of Medicine Research Building. Co-directing will be Drs. Abbas Hyderi and Nimmi Rajagopal, UIC DFM. Dr. Glenda Rios from UIC DFM will serve as Advisory Faculty. Faculty participants in the planning and teaching of the course include: Drs. Lise Weisberger, Charles Croteau and Mandy Gittler, Illinois Masonic; Kate Gunnell, Hinsdale Family Medicine Residency; Alicia Milan, St. Elizabeth's Hospital; Juliet Bradley, Cook County Loyola Provident; and Sajjini Thomas, Resurrection Medical Center.

For additional information and registration form, please contact Abby Irvine or Shelley Jacobs, ALSO Program Coordinators at airvine@uic.edu or shelleyj@uic.edu. The deadline date for course registration is 1/16/09.



Thank You DFM Volunteer Faculty

Thank you very much to our volunteer faculty for their participation in many DFM activities. Your contributions are important to the DFM in meeting the goals and mission of the department and we invite involvement of all faculty. Please remember to update all your personal information by logging into the University of Illinois' NESSIE employee access system.

If interested in predoctoral activities, please contact Nipa Shah, MD (nshah1@uic.edu); residency training, Mark Potter, MD (mcpotter@uic.edu); Grand Rounds lecture series, Naomi Ashley-Benedict (naomiab@uic.edu). Should you have any questions regarding your faculty standing, updating information, or need information about departmental activities, please contact Liz Hawes, (ehawes1@uic.edu).

Clinical Associate Professor

Elizabeth Feldman, MD
Michael Friedman, MD
Lawrence Goldberg, MD
Christine Jacobs, MD
Kathryn Stewart, MD, MPH
James Valek, MD
Margaret Wiedmann, MD

Clinical Assistant Professor

Alan F. Bain, DO
Antonio Barajas, MD
Jacqueline Bardwell, MD
Murray Bass, MD
Barbara Bellar, MD, JD
Stephen G. Bennett, MD
Jon Beran, MD
Corinne Blum, MD
Christopher Brenner, MD
William Briner, MD
Matthew Brown, MD
Sangili Chandran, MD
Milton Chavez, MD
Brian Chicoine, MD
Henry Cordero, MD
Charles Crotteau, MD
Martin Doot, MD
Howard Ehrman, MD, MPH
Jose Elizondo, MD
Michael Fisher, MD
Luvianca Fonseca, MD

Clinical Assistant Professor

Melvin Glick, MD
Martin Gonzalez, MD
Judy Gordon, MD, MPH
Diana Grant, MD
Glen Grobe, MD
Dean Grove, MD, MPH
Richard Guthmann, MD
Maurice Guzman, MD
Benjamin Hasan, MD
Michal Hytros, MD
Michael Jutovsky, MD
Kent Kamradt, MD
Fred Karlin, MD
Jaya Kasturi, MD
Roy Lacey, MD
Donna Lawlor, MD
Irene Lesniak, MD
Esther Liu, MD
Benjamin Lo, MD
Georgia Lubben, MD
Brian Lynch, MD
Katarzyna Malecka, MD
Michael Melnick, MD
Ramiro Mercado, MD
Robert Moss, MD
Chiedu Nchekwube, MD
Nigam Patel, MD
Kenneth Pierini, MD, MS
Albert Poronsky, DO
Stephen Rittman, MD

Clinical Assistant Professor

Lizbet Ronning, MD
Mario Rosas, MD
Oscar Ruiz, MD
Jorge Saad, MD, MPH
Latifah Sabree, MD
John Sage, MD
T. Eric Schackow, MD, PhD
Daniel Shin, MD
Joel Shoolin, MD
James Skomurski, MD
Jack Spaniol, MD
Stephen Sproul, MD
Bruce Steffens, MD
Audrey Stillerman, MD
Thomas Waidzunas, MD
Bruce Weber, MD
Lise Weisberger, MD

Clinical Instructor

Debra Haley, PhD
Dragomir Jovanovic, MD
Joshua Merok, MD
Haroon Olomi, MD
Leon Que, MD
Vineet Singla, DO
John Tenhundfeld, MD

Clinical Assistant Professor of Psychology

Steven Zuckerman, PhD

Lecturer

James Arons, DO
Crystal Cash, MD
Frank Castillo, MD, MA
Margaret Dolan, MD
Yacob Gawa, MD, MRCP
Stuart Goldman, MD
Judith Gravdal, MD
Pauline Harding, MD, LDN
Mirza Jesani, DO,
Mark Kanaris, MD
Greg Kirschner, MD
Mark Macumber, MD
Paul Omastiak, MD
Steven Rube, MD
Martin Shobris, MD, PhD, CMD
Stephen Stabile, MD, MHA
Gary Stuck, MD
Robert Zitter, Ph.D.

Adjunct Clinical Assistant Professor of Law

Cherilyn Murer, JD, CRA

Adjunct Associate Professor of Family Medicine

Ibrahim Bani, MD

Clinical Assistant Professor of Psychiatry

Rodney Eiger, MD

DFM GRAND ROUNDS SERIES

The Department of Family Medicine offers a weekly Grand Rounds Series on a variety of topics relating to primary care. Grand Rounds are held every Wednesday in the Department of Family Medicine Large Conference Room (1919 W. Taylor, Room 196) and is open to everyone. The following is the schedule through the end of the year (*note there are no Grand Rounds on December 24 or December 31 due to the holiday*):

November 5, 2008	<i>Globalization: Economics & Global Healthcare</i>	Andrew Dykens, MD UIC Department of Family Medicine
November 12, 2008	<i>Patient Centered Care and Patient Empowerment— Concepts & Evidence</i>	Moira Stewart, MD University of Western Ontario
November 19, 2008	<i>Disorders of the Pelvic Floor, Part I</i>	Marc Singer, MD UIC Department of Surgery
November 26, 2008	<i>Contraceptive Update for Adolescents</i>	Elizabeth Feldman, MD, FAAFP UIC/Illinois Masonic Family Medicine Residency
December 3, 2008	<i>Family Medicine M&M</i>	Jeffrey Tiemstra, MD UIC Department of Family Medicine
December 10, 2008	<i>Tobacco Quit Line</i>	Sherrill Keefe American Lung Association
December 17, 2008	<i>Topic TBD</i>	Brian Nelson, MD, 3 rd Year Resident UIC Department of Family Medicine

DFM NEWSLETTER STAFF

Special thanks to Andrew Dykens, MD; Naomi Ashley-Benedict, Administrative Coordinator; Liz Hawes, Administrative Coordinator; and Meg Oberholtzer, Assistant to the Head for their contributions to this newsletter. Please direct questions and comments to Meg Oberholtzer at holtzer@uic.edu.