

Outline of Health Requirements (2025-2026)

All students should have the following requirements on file in CastleBranch. **It is the professional responsibility of the student to monitor compliance requirements/immunizations and to assure they do not expire.** They should be up to date at all times. These requirements are needed for students to be cleared by hospital sites for clinical activity. **Hospital sites may cancel a student if health requirements are not met at least four weeks prior to the start date of clinical activity.**

Requirement	Elaboration	Updates and Renewal Information
Titers (MMR, VZ, and HepB)	Titers show immunity or lack of immunity. All students must have a positive titer or a non-responder note on file for MMR, VZ, and HepB. In addition, all students must have vaccination history.	You do not need to update this during medical school. This information is submitted prior to matriculation.
Influenza Shot	This is a yearly shot to prevent strains of the flu.	This should be updated yearly when flu season starts. (September/October)
Tdap/Tdap Booster	Tdap is a vaccine that protects against tetanus, diphtheria, and pertussis (whooping cough). Td will not suffice since it does not protect against pertussis.	This expires after 10 years. If it expires while you are at UIC, you will need to receive a shot.
TB 2-step PPD <i>or</i> TB Quantiferon	These tests for TB exposure. The 2-step or Quantiferon-Gold PPD is a skin test. The 2-step involves multiple tests. For part 1 an individual receives a skin test and returns 48-72 hours later to have it read. This must be repeated 7-21 days after the results of the first test to satisfy part 2. A 1-step PPD will not suffice. Negative results are needed for clinical activity.	This expires after one year. This is an annual requirement. Quantiferon-Gold test recommended by affiliate Hospitals
Chest X-ray (TB Questionnaire should be turned in with X-ray and after 1 year)	A chest x-ray is conducted when an individual has tested positive for TB on the 2-step or Quantiferon. The x-ray is used to determine if the lungs are clear and detect TB infections. Negative results are needed for clinical activity.	For the purpose of clinical clearance at sites, a chest x-ray is considered sufficient for two years, though a TB questionnaire must be provided after one year. After two years, the chest x-ray is considered expired.

<p>Drug Screen (9-panel) Chicago Only</p> <p>10-Panel for Rockford and Peoria site which includes marijuana.</p>	<p>The 9-panel drug screen tests for cocaine, PCP, amphetamines, opiates, benzodiazepines, barbiturates, methadone, propoxyphene, and Quaaludes. Negative results are needed for clinical activity. If a student has a prescription that will cause a positive result, it must be notated by the health care provider on the results of the drug screen.</p>	<p>All students must have a 9-panel on file. For some sites, any 10-panel drug screen done after matriculation to UIC will suffice. Other hospital sites consider this an annual requirement.</p>
<p>HIPAA (Hospital Manual)</p>	<p>This training is done M1 year regarding the Health Insurance Portability and Accountability Act of 1996.</p>	<p>Given during beginning of M1 year.</p>
<p>OSHA (Hospital Manual)</p>	<p>This training is done M1 year and involves universal precautions training regarding bodily fluids and bloodborne pathogens.</p>	<p>This does not need to be updated for affiliate hospital sites, as the training done M1 year is accepted.</p>
<p>Respirator Fit</p> <p>COVID-19 and Booster</p>	<p>Respirator fitting determines what size of mask you wear. All students received 3M mask testing at orientation. If you matriculated 2014 or after, Tecnol testing was also performed.</p> <p>There are 4 Covid-19 immunizations approved by the CDC, Pfizer-BioNTech (2 shot series), Moderna (2 shot series), Novavax (1 shot) and Janseen, (J&J) (1shot)</p>	<p>UIC only requires M3 and M4 testing once, per mask type. Most sites accept this. If the student wants to provide an updated fit test, he or she may do so at his or her own cost, though it is not required.</p> <p>UIC no longer requires that students are vaccinated. COVID-19 vaccination may be mandatory by some affiliate sites.</p>
<p>Health Insurance</p>	<p>This is proof of being enrolled in an insurance plan. If you are using campus care, you can find your insurance card at https://campuscare.uic.edu/important-information/print-id-cards/</p>	<p>This is an annual requirement and must be updated yearly. It should also be updated if insurance changes.</p>

Please note, no immunization can expire while on a rotation. All immunizations must be updated at least four weeks prior to the start date of the rotation or four weeks prior to the date that it may expire. Health requirements are not considered compliant for clinical activity if any immunization expires during that activity. Hospital sites will not clear a student if they cannot guarantee that he or she will have current immunizations throughout the activity at their site. Sites may cancel students or remove them from clinical activity if these requirements are not met by the four week designated time.

Example: Jane currently has a TB Quantiferon on file that is dated 7/20/2023. She has a rotation starting 6/20/2023 and ending 7/30/2023 scheduled. The TB on file is not sufficient since it expires during her rotation. She will need to provide a new TB at least four weeks before the start date of her rotation.

Additional Clearance Requirements:

Some sites require additional paperwork or have additional clearance steps. These additional requirements are noted in the [Reporting Instructions](#). If a site has additional steps and paperwork, health requirements **are not** considered compliant if the additional steps/paperwork have not been completed at least four weeks before the start date of the rotation scheduled.

If you have questions regarding health requirements, please contact Tamara Royster in the Office of the Registrar at troyster@uic.edu.