

## Procedures for Occupational Exposures to Potentially Infectious Blood/Body Fluids

Exposures to blood or body fluids that occur as a result of needle-sticks, cuts, splashes, or sprays that occur on assignment (IPC, ECM or M3/M4 clerkships) could result in transmission of blood-borne diseases, such as Hepatitis B, Hepatitis C, or HIV. Immediate Care should be taken to ensure your safety and the safety of your patients. In the event of an exposure use the following procedures:

- Wash the site immediately and thoroughly with soap and water to remove any potentially infectious fluid and tissue. Flush mucous membranes with water.
- Report your exposure to the appropriate authorities at the site hospital: ward team physicians, resident on call, charge nurse or nursing supervisor, or a University Health Services representative. **Be sure to note the insurance coverage information in A and B below, and the Site Contact List for Occupational Exposures for reporting specifics to mitigate the chance of incurring out of pocket hospital bills.**
- **If exposure to any blood/body fluid or tissue occurs, a clinical evaluation should be obtained immediately.** The evaluation should include drawing of blood samples from both the patient and the student. Possible therapies may include: antibiotics, Hepatitis B vaccine, Hepatitis B Immune Globulin, or antiretroviral therapy.
- Complete **incident report form** and submit it to the Assistant Dean of Student Affairs within one week of exposure.
- Follow-up within a week to confirm that all blood tests have been reviewed, appropriate treatment is in place, and arrangements have been made for any additional diagnostic testing.

### A. Students who have Campus Care insurance coverage:

Campus Care has adopted the policy that all exposures to blood or body fluids that occur as a result of a needle-stick, puncture, cut, or spray injury are defined as a true, life-threatening medical emergency. In the event of such an emergency, the student should proceed to the nearest Employee Health Office or Emergency Room (see site-specific chart for details) for treatment, preferably the one at the medical center where the incident occurred. **The student or someone on the student's behalf is required to notify the Department of Family Medicine at 312-996-2901 within 24 hours of receiving care to approve urgent services for Campus Care coverage.** Such notification does not guarantee that Campus Care will be responsible for the incurred charges. The determination as to whether the condition meets Emergency Care guidelines is made by the Medical Director of Campus Care or their designee. <https://campuscare.uic.edu/benefits/in-network-hospitals/#secondary-for-emergency-room-only>. If questions or concerns arise after reporting the incident to the Department of Family Medicine, students may call Campus Care directly at 312-996-4915.

**Note:** An exposure must be billed as an injury. If you have any occupational exposure to bodily fluids immediately notify the doctor/team you are working with of the incident and that you need to seek medical attention right away. Go to: <https://chicago.medicine.uic.edu/education/md-student-services-and-support/student-affairs-office/emergency-infomation/> to get information on where to go for immediate evaluation. If you have any questions go to the nearest emergency room.

### B. Students who do NOT have Campus Care but have a different health insurance policy:

It is strongly recommended that students contact their insurance provider **BEFORE** beginning clinical rotations to find out about their coverage and how to proceed if an incident occurs. These types of exposures are generally considered injuries.

For distant sites, there may be substantial advantages to receiving evaluation and treatment on-site: immediate access, ease in handling source blood, faster test results, and on-site follow-up care. Students may be required to pay for care provided at the site where the exposure occurred.

## Site Contact List for Occupational Exposures to Blood or Body Fluids

**NEED TO BE REPORTED IN 24 HOURS OR INSURANCE MAY NOT COVER PAYMENT**

**Note: In most cases, payment for an ER visit is based on the guidelines of the student's own health insurance OR campus care. Students are not covered by Workers' Compensation. Please visit the campus care website for in-network hospitals for emergency room only-**

**<https://campuscare.uic.edu/benefits/in-network-hospitals/#secondary-for-emergency-room-only>**

<p><b>ALL Advocate Sites (Christ Medical Center, Lutheran General, Illinois Masonic)</b></p> <ol style="list-style-type: none"> <li>1. Cleanse wound and contact System Employee Health Center immediately for follow up instructions:(855) 663-4327, option 1</li> <li>2. AAH only pays for the testing of the source patient. They do not share those results with the exposed teammate and the student is not covered under AAH workers' compensation, so they can head to an ED and have it covered under private insurance.</li> </ol>	<p><b>Mount Sinai Hospital of Chicago</b> 1500 S. California Avenue, Chicago, IL</p> <ol style="list-style-type: none"> <li>1. Wash the affected area/flush eyes immediately, report incident to supervisor.</li> <li>2. Go to ER for treatment</li> <li>3. Complete Incident, Injury, and Illness Reporting packet. Can be emailed to <a href="mailto:employee.health@sinai.org">employee.health@sinai.org</a></li> <li>4. Follow up with EHS by the next business day 773-257-1511, Option 5</li> </ol>
<p><b>John H. Stroger, Jr. Hospital</b> 1969 Ogden Ave, Chicago, IL</p> <ol style="list-style-type: none"> <li>1. Go to Employee Health Service if M-F 8:00am to 3:30pm. 312-864-1970 Charge Nurse: Irene Stacks, RN; 312-864-1971.</li> <li>2. After hours: Go to ER on 1<sup>st</sup> floor. Follow-up with Employee Health after treatment.</li> </ol>	<p><b>Hartgrove Hospital</b> 5730 W. Roosevelt Rd, Chicago, IL</p> <ol style="list-style-type: none"> <li>1. Report to HR and/or supervisor (HR 773-413-1751)</li> <li>2. Report to UI Employee Health</li> </ol>
<p><b>Hinsdale Hospital</b> 120 N. Oak, Hinsdale, IL</p> <ol style="list-style-type: none"> <li>1. Let supervisor know.</li> <li>2. Go to ER</li> <li>3. Report to UI Employee Health</li> <li>4. Report to AMITA Occupational Health following business day</li> </ol> <p>773-990-7624, M-F 7:30 am – 12pm, 1pm-4:00 pm; Cheryl Dusenbery, RN or Carla Casia, RN</p>	<p><b>Resurrection Medical Center</b> 7435 W. Talcott Rd. Chicago, IL</p> <ol style="list-style-type: none"> <li>1. Let supervisor know.</li> <li>2. Go to ER</li> <li>3. Report to UI Employee Health</li> <li>4. Report to AMITA Occupational Health following business day</li> </ol> <p>773-990-7624, M-F 7:30 am – 12pm, 1pm-4:00 pm; Cheryl Dusenbery, RN or Carla Casia, RN</p>
<p><b>Madden Mental Health Centers</b> 1200 S. 1<sup>st</sup> Ave, Hines, IL</p> <ol style="list-style-type: none"> <li>1. Wash affected site.</li> <li>2. Report incident to supervisor</li> <li>3. Contact their Safety Officer: 708-338-7223</li> </ol>	<p><b>St. Francis Hospital</b> 355 Ridge Ave., Evanston, IL</p> <ol style="list-style-type: none"> <li>1. Go to ER first, using your own insurance</li> <li>2. Follow-up with Associate Health, Nancy Miller, RN, 847-316-6260, M-F 7:00am–12pm, 1pm-3:30pm</li> </ol>
<p><b>MacNeal Hospital</b> 3249 S. Oak Park Ave, Berwyn, IL</p> <ol style="list-style-type: none"> <li>1. Go to ER (program or individual is responsible for billing).</li> <li>2. Follow up with Employee Health Weekdays 7:30am-4:00pm, Reina Garcia, 708-783-3427</li> </ol>	<p><b>St. Joseph Hospital</b> 2900 Lake Shore Dr, Chicago, IL ER: 773-665-3086</p> <ol style="list-style-type: none"> <li>1. Wash affected area.</li> <li>2. Go to ED to draw healthcare worker labs (need to know the source (i.e., MRN) so that lab can go draw from source info.</li> <li>3. Call Employee Health (Hannah Steibel) 773-665-3134 and Workers Compensation (Sedgwick): 1-866-856-4835 to follow up.</li> </ol>
<p><b>OSF Little Company of Mary Medical Center</b> 2800 95<sup>th</sup> St Evergreen Park, IL 60805 708-422-6200</p> <ol style="list-style-type: none"> <li>1. Report to ER</li> <li>2. Contact Employee Health next business day at (708) 229-5623</li> </ol>	<p><b>University of Illinois Hospital and Jesse Brown Veterans Administration</b></p> <ol style="list-style-type: none"> <li>1. Go to University Health Services unless it's closed; Fill out incidence report and follow up with the office. 835 S. Wolcott Ave., E144 MSB, Chicago, IL 60612, 312-996-7420; Open 7:00 am-4:00 pm Mon, Tues, Thurs, Fri; Open 7:00 am-3:00 pm Wed</li> <li>2. If the above is closed, go to ER.</li> </ol>