

A woman with long dark hair in a ponytail, wearing a white and grey striped long-sleeved shirt, is sitting in a hospital room. She is looking out a large window that offers a view of a city and hills. Medical equipment, including a monitor and IV stand, is visible in the background. A red banner is overlaid on the bottom half of the image, containing the text 'MODULE B*' and 'Optional Case Studies'.

MODULE B*

Optional Case Studies

*These case studies are supplemental.



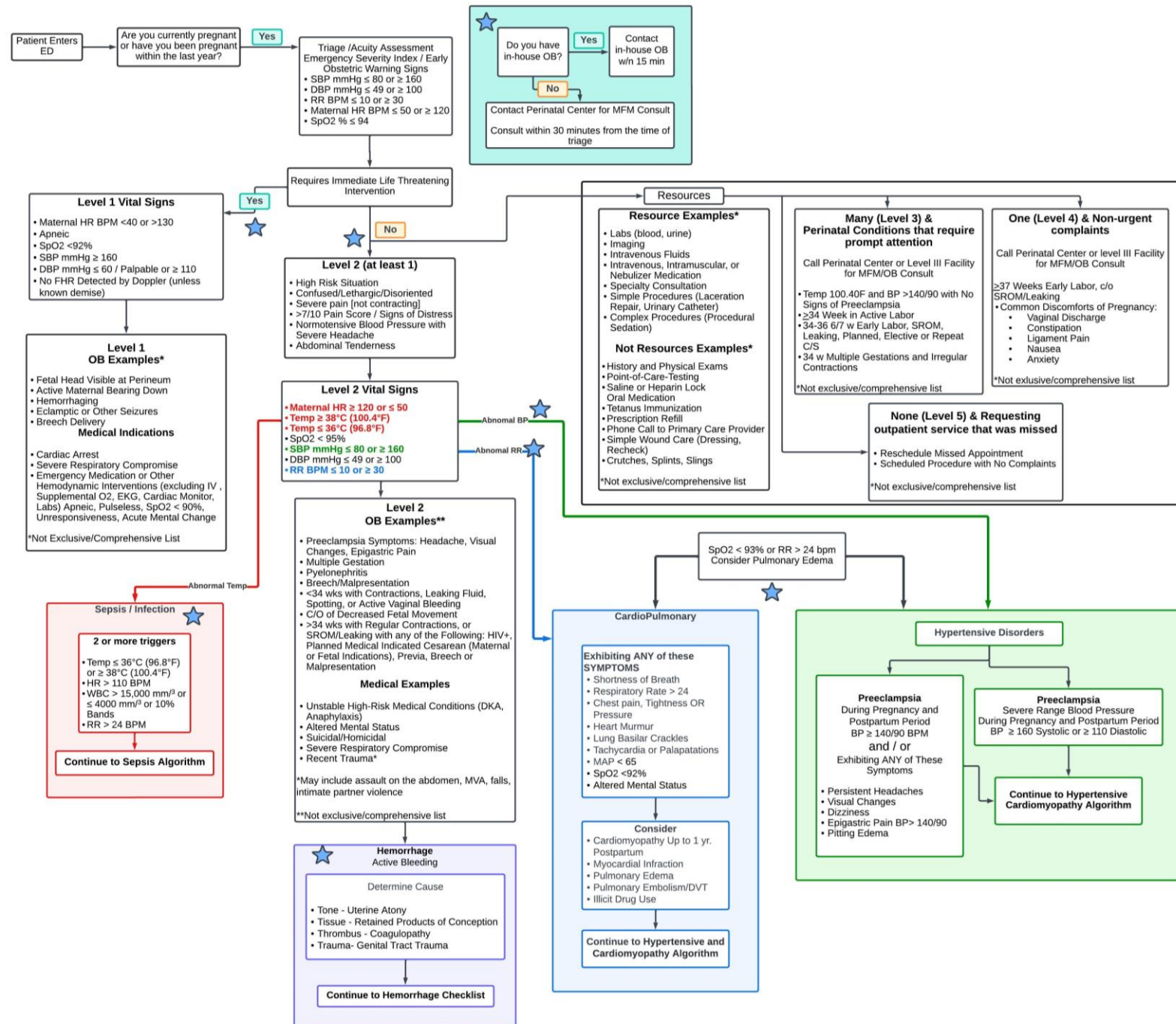
Case Study

Kai

- 17-year-old G1P0 14 weeks gestation
- Presented to the ED after falling on ice and hitting her back
- Did not lose consciousnesses
- Denies vaginal bleeding
- Back pain 4/10
- Denies any current or past medical history
- Started prenatal care at 6 weeks gestation

Use the Algorithm

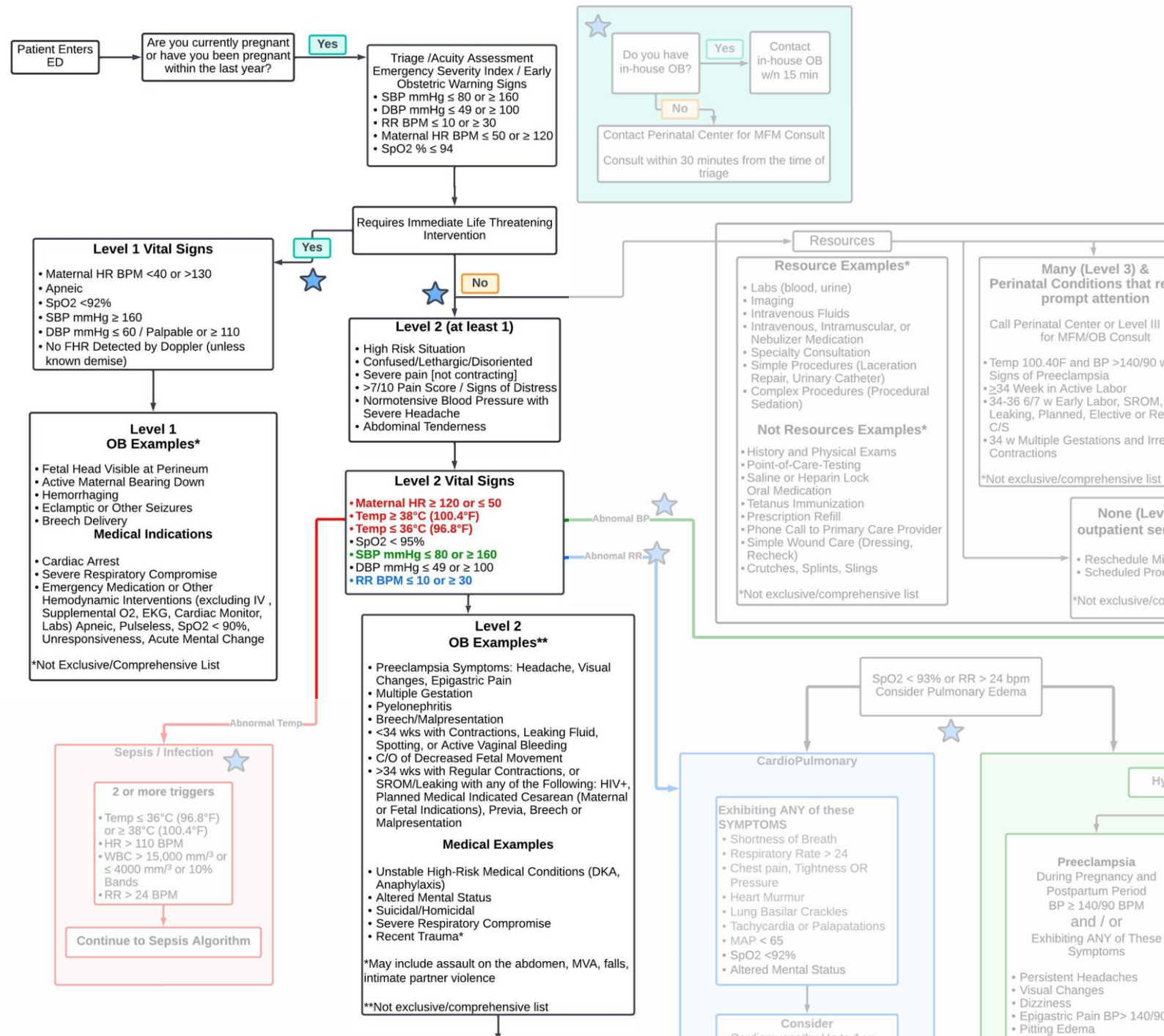
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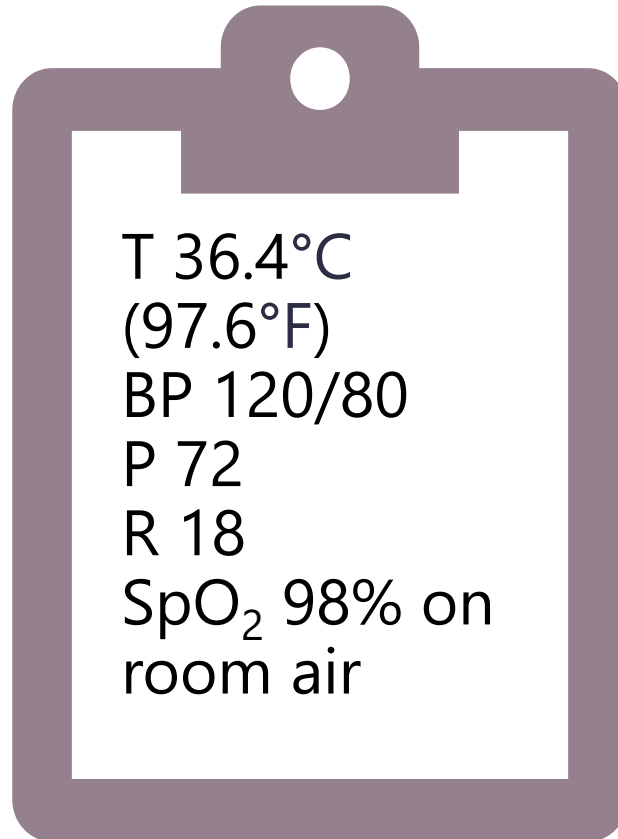


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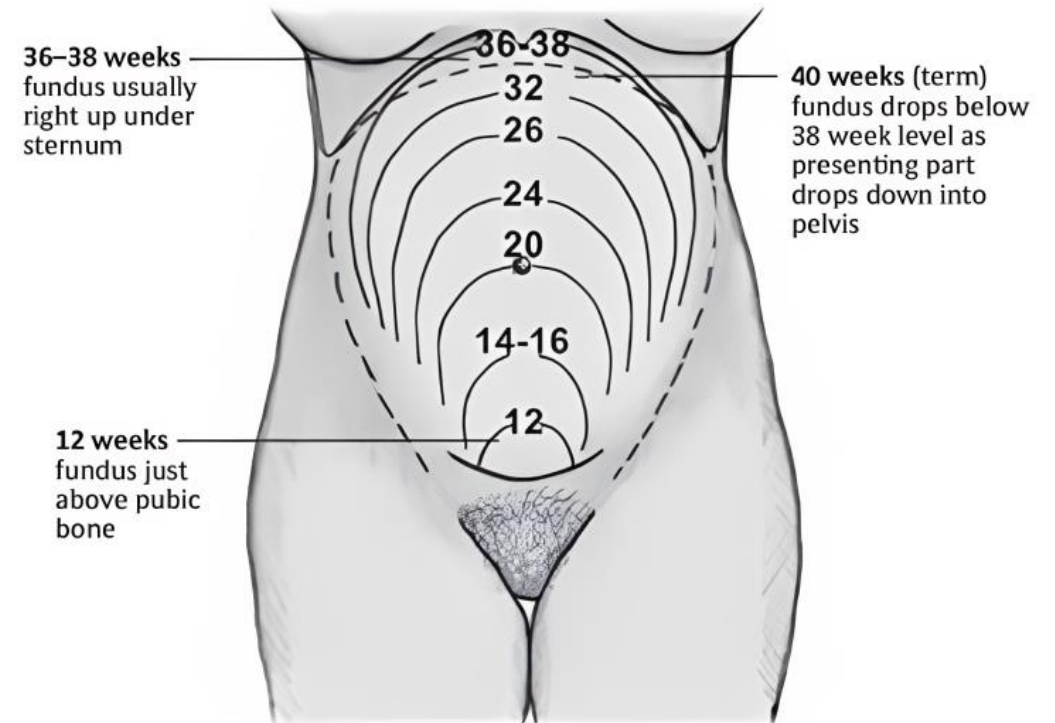
What red flags do you see?



G1 P1001 at 14 weeks gestation

Determine Gestational Age and Fetal Heart Rate Location

- First 12 weeks of pregnancy, uterus remains within the pelvis
- **Umbilicus = 20 weeks:** entering the possible viability range if delivered emergently
- Between 34 and 38 weeks reaches the costal margins
- **From 20 weeks to 36 weeks: Fundal** height in centimeters should be **close to the number of weeks they are in pregnancy, plus or minus 2 centimeters**
- As the uterus grows, there is cephalad displacement of intrabdominal organs, such as the inferior vena cava
- **Xiphoid** = approaching full term



<https://thetraumapro.com/2019/08/16/trauma-in-pregnancy-3-tips-tricks-2/>

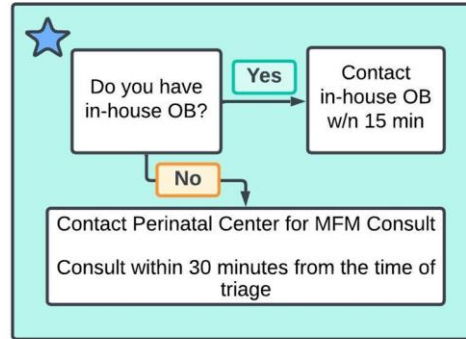
Scan here for a list to FHR at different gestational ages



Case Study

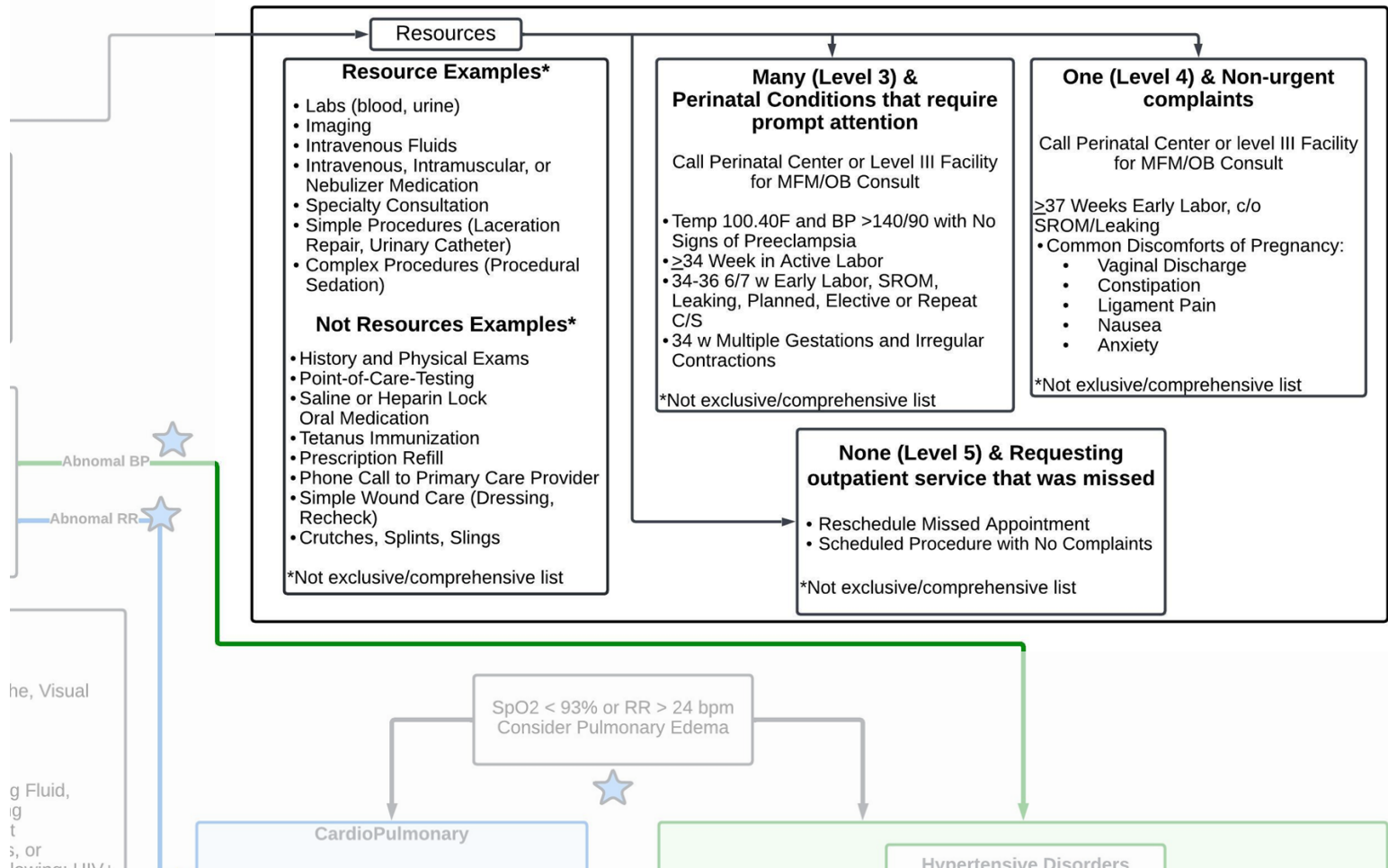
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Quickening
1st pregnancy 20 weeks
2nd or more pregnancies 16 weeks

FHR via doppler 155 BPM

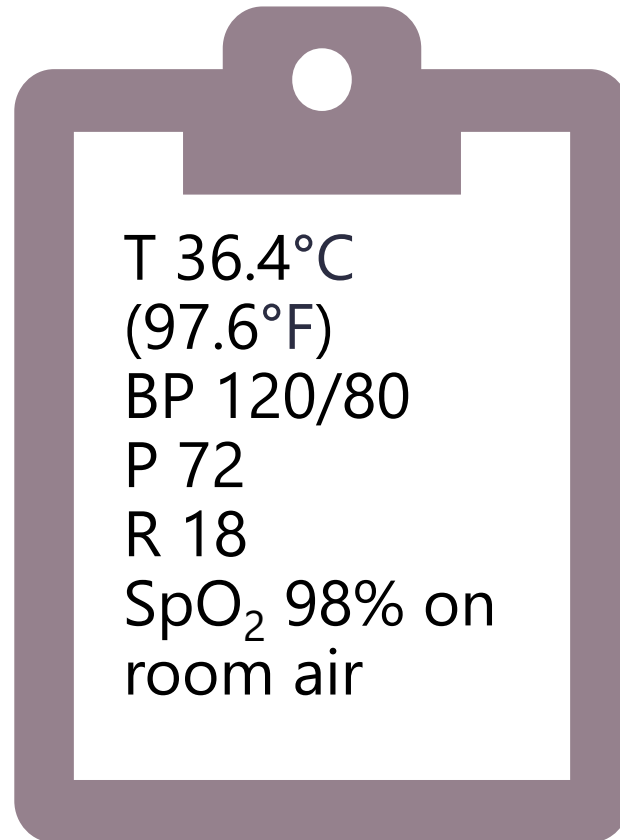


Case Study

Kai

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- Presented to the ED after falling on ice and hitting her back
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- Back pain 4/10

What resources do you need?



- ☒ Call perinatal center for consult
- ☒ Labs
- ☒ IV fluids
- ☒ Oxygen
- ☒ FHR by doppler



Case Study

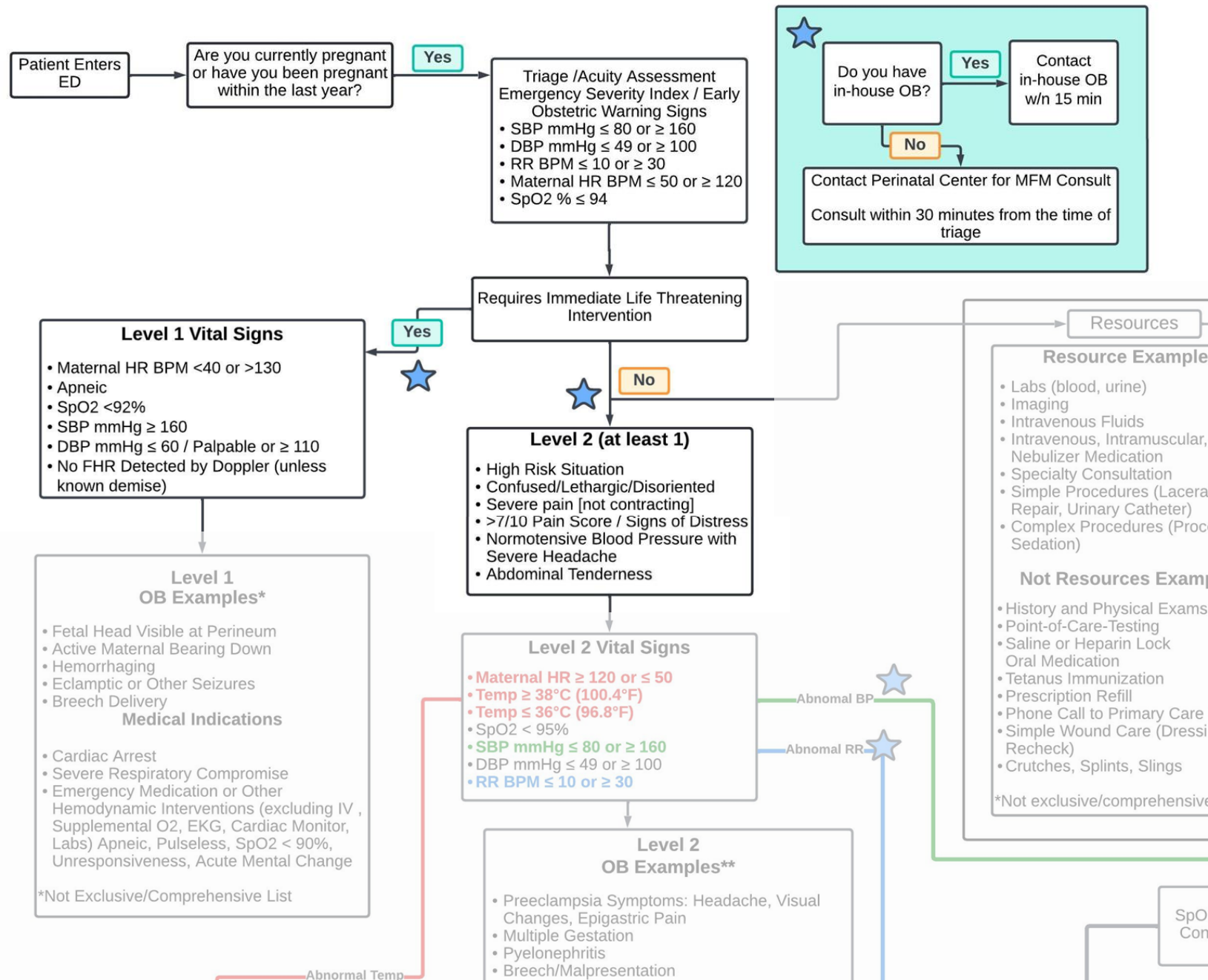
Gabriela

- 33-year-old G4 P4004 with swelling and pain in right arm
- Pain Score 8/10
- Delivered by a primary cesarean section five weeks ago
- Wt. 156 kg (344 lb)

Case Study

Gabriela

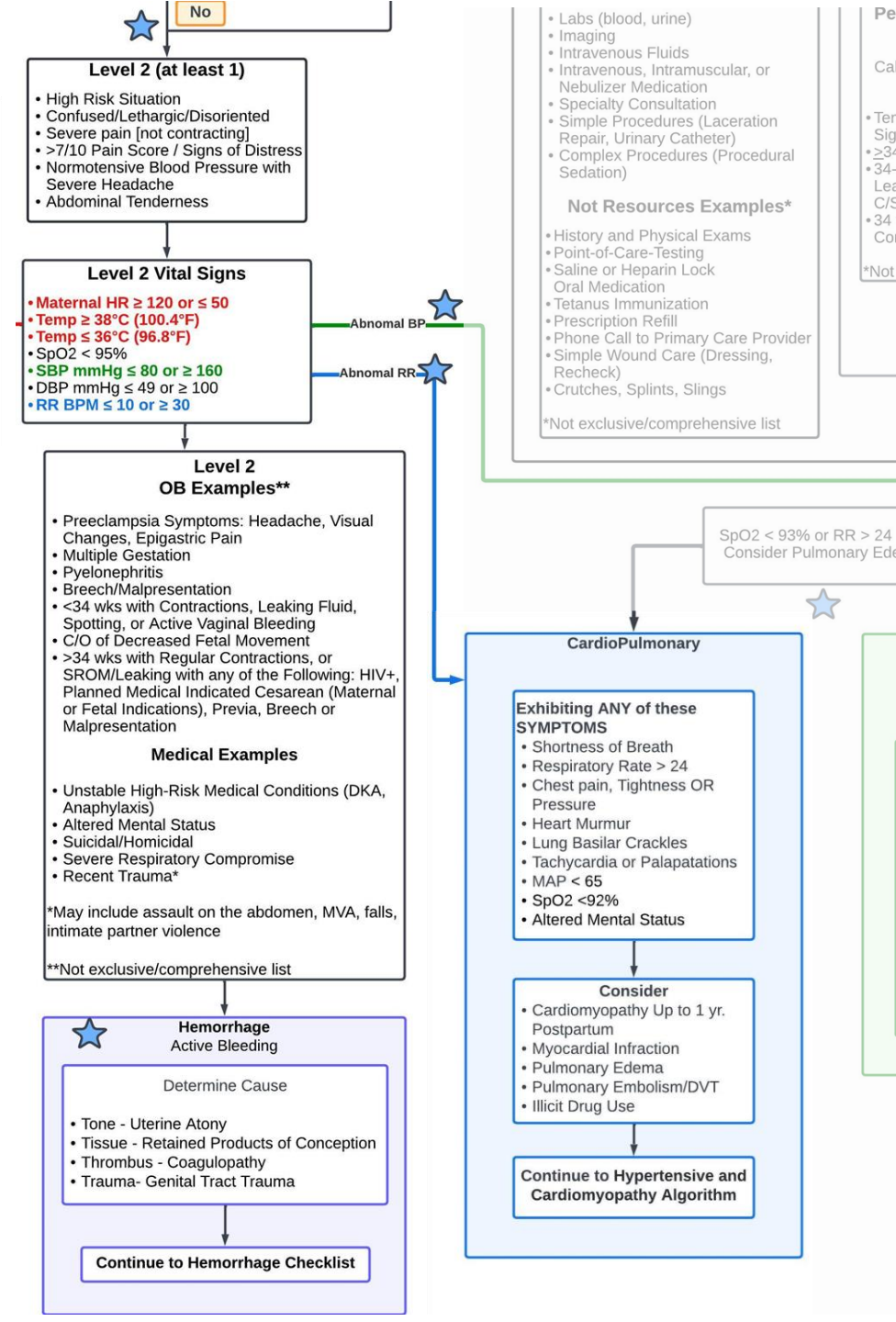
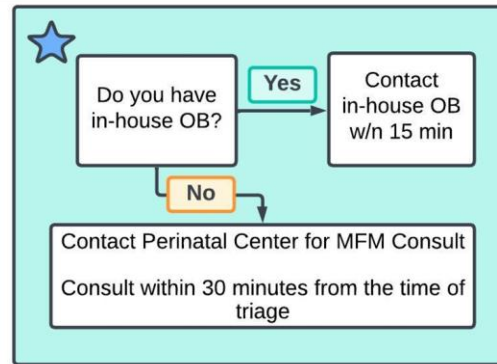
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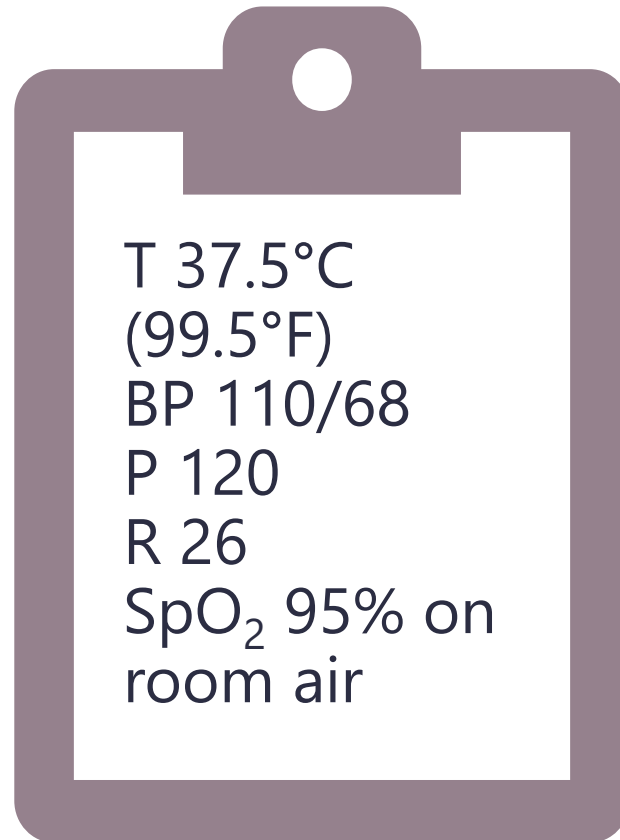


Case Study

Gabriela

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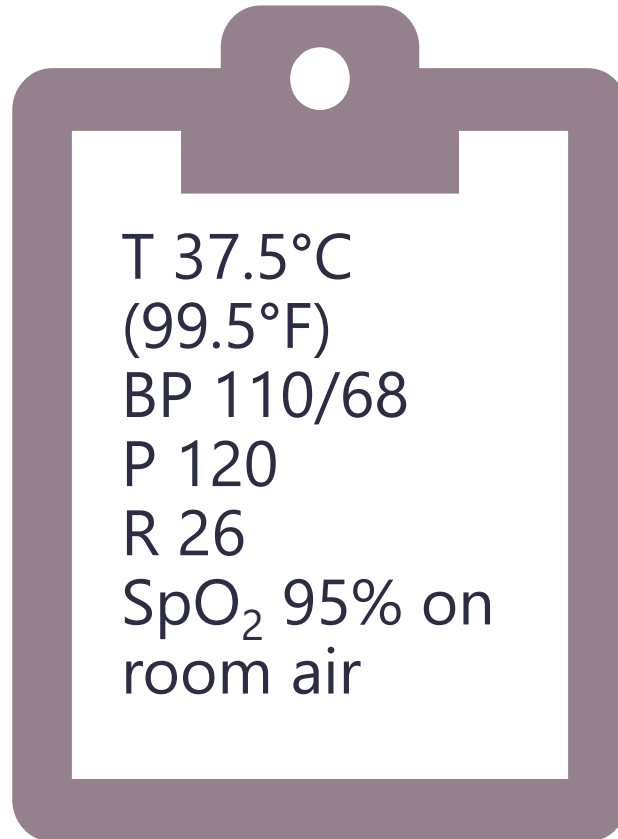
- 🚩 G4 P4004 5 weeks postpartum
- 🚩 Pain Score 8/10
- 🚩 Wt. 156 kg (344 lb)
- 🚩 P 120 and R 26

Case Study

Gabriela

- 33-year-old G4 P4004 with swelling and pain in right arm
- Pain Score 8/10
- Delivered by a primary cesarean section five weeks ago
- Wt. 156 kg (344 lb)

What resources do you need?



- ☒ Call OB for consult
- ☒ Consider cardiopulmonary cause
- ☒ Labs
- ☒ IV fluids

Module B: Summary

A pregnant woman with dark hair, wearing a white and grey striped long-sleeved shirt and dark pants, is sitting on a white medical examination table. She is looking out a large window on the left side of the frame. The room is bright and modern, with a white wall and a large window. In the foreground, there is a white medical stool on wheels. In the background, there is a white chair and a medical monitor on a stand. The overall atmosphere is calm and professional.

- Recognize that pregnant and postpartum patients **can deteriorate rapidly**
- Use triage tools that **incorporate perinatal patients' risks**
- **Consult** with in-house OB/GYN or **call** Perinatal Center or Level III hospital within 30 minutes of triaging the patient



Modules Completed

- ✓ Module A: Introduction to Maternal Mortality in Illinois: How EDs can Help
- ✓ Module B1: Triage of Pregnant and Postpartum Patients in the ED
 - ✓ B2: Acuity Assessment

What's Next

- **B3: Case Study 1: Jamie**
 - **B4: Case Study 2: Maya**
 - **B5: Case Study 3: Carrie**
 - **B6: Case Study 4: Jessica**
 - **B7: Case Study 5: Marie**
- Module C: Screening and Treatment for Perinatal Mental and Behavioral Issues in the ED
 - Module D: Trauma and Resuscitation in Pregnancy
 - Module E: Best Practices for Pregnant and Postpartum Patients being Discharged from the ED

References

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Kodama, S., Mokhtari, N., Iqbal, S., Kawakita, T. (2021). Evaluation of the maternal-fetal triage index in a tertiary care labor and delivery unit, AJOG, 3(4), 100351. doi: 10.1016/j.ajogmf.2021.100351. Epub 2021 Mar 20. PMID: 33757932.
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