Screening For Anxiety Flowchart

Start

Is patient medically stable?

- No: Focus care on presenting medical issue(s).
- Yes: Administer PHQ-4 depression & anxiety screening tool.

Do GAD-7 results indicate moderately severe to severe anxiety (score of 11-21)?

- No: Provide resources and referrals as needed.
- Yes: Follow workflow for further behavioral health assessment.

Is PHQ-4 total score greater than 3 for questions 1 & 2?

- No: Anxiety screening complete.
- Yes: Administer GAD-7.

For ALL patients:

- Document screening completed, screen results, action steps taken.
- For ANY positive screen at ANY step, provide mental health crisis & support resources.