

Curriculum Vitae

ASHLEY ANTONY VAREEDAYAH, MD

Contact Information

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Current Appointments and Leadership Positions

Faculty Appointment

07/2018 – present Assistant Professor, Department of Medicine, Division of Gastroenterology & Hepatology, New York University Grossman School of Medicine, New York, NY

Hospital Appointment

07/2018 – present Physician, Tisch Hospital, NYU Langone Health, New York, NY

07/2018 – present Physician, Bellevue Hospital Center, New York, NY

Education and Training

Education

08/2008 - 05/2012 Doctor of Medicine | Albany Medical College | Albany, NY

08/2003 - 05/2007 Bachelor of Arts | Psychology | Washington University in Saint Louis | Saint Louis, MO

Postdoctoral Training

07/2018 - 06/2019 Fellow, Advanced Therapeutic Endoscopy | New York University Grossman School of Medicine | New York, NY

07/2015 - 06/2018 Fellow, Gastroenterology & Hepatology | Saint Louis University School of Medicine | Saint Louis, MO

07/2013 - 06/2015 Resident, Internal Medicine | Georgetown University School of Medicine | Washington, DC

06/2012 - 06/2013 Intern, Internal Medicine | Georgetown University School of Medicine | Washington, DC

Specialty Certification

10/2018 – present American Board of Internal Medicine, Specialty Boards, Gastroenterology

08/2015 – present American Board of Internal Medicine

01/2012 – present BLS/ACLS Certification

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Licensures

04/2018 – present New York Office of the Professions Medicine License #293497
08/2014 – 12/2018 Washington DC Department of Health #MD042561
11/2014 – 05/2020 Commonwealth of Virginia Department of Health #0101257315

Previous Appointments and Leadership Positions

Other Professional Positions

05/2020 American College of Gastroenterology Young Physician Leadership Scholars Program |
Elevating Great Doctors into Great Leaders

Awards, Honors, and Memberships in Honorary Societies

Internal

12/2020 Bellevue Hospital Center | Bravo! Award for Exemplary Patient Care

External

06/2015 Georgetown University School of Medicine | The Dr. Edward Tsou, M.D. Medical Humanities Award

Research Activity

Evaluating safety, efficacy, and outcomes with new endoscopic techniques, including hybrid endoscopic mucosal resection and full thickness resection in the upper and lower gastrointestinal tract for removal of lesions not amenable to removal by other conventional methods. Evaluating safety, efficacy, and outcomes (including recurrence rate) with hot avulsion as an adjunctive technique for removal of residual occult neoplasia.

Clinical Activity

Clinical responsibilities include inpatient and outpatient clinical care at Bellevue Hospital Center, NYU Langone Health Tisch Hospital, and the Manhattan Veterans Affairs Medical Center, in both Advanced Therapeutic Endoscopy and General Gastroenterology & Hepatology. Special interest in endoscopic ultrasound, endoscopic retrograde cholangiopancreatography, endoscopic mucosal resection, as well as third space endoscopy – peroral endoscopic myotomy and endoscopic submucosal dissection.

Educational Activity

Teaching responsibilities include didactic lectures with NYU medical students, residents, and subspecialty fellows. Teaching fundamentals of endoscopy to the gastroenterology & hepatology fellows as well as specialized endoscopic skills to the advanced endoscopy fellows. Management of gastroenterology patients with an emphasis on the pancreaticobiliary subspecialty in both the inpatient and outpatient settings to all levels of trainees.

Teaching Activities

08/02/2022 Introduction to Advanced Endoscopy | Bellevue Hospital Center, Fellows' Core Curriculum
04/27/2022 Biliary Pathophysiology | NYU Grossman School of Medicine | Gastroenterology Module
04/27/2022 Introduction to Pancreatic Disease | NYU School of Medicine | Gastroenterology Module
08/11/2021 Introduction to Moderate Sedation | Bellevue Hospital Center, Fellows' Core Curriculum
07/20/2021 Advanced Endoscopy Basics | Bellevue Hospital Center, Fellows' Core Curriculum
03/22/2021 Small Bowel and Colon Motility | Bellevue Hospital Center, Fellows' Core Curriculum
07/31/2020 Cystic Lesions of the Pancreas | Bellevue Hospital Center, Fellows' Core Curriculum
07/22/2020 Introduction to ERCP | Bellevue Hospital Center, Fellows' Core Curriculum

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04/29/2020 Biliary Pathophysiology | NYU Grossman School of Medicine | Gastroenterology Module

Invited Talks and Teaching of Peers

External to NYU Langone Health and all other NYU schools

10/25/2022 Invited Faculty Member | American College of Gastroenterology | Hands-on Fellows' Course – Mucosal Ablation
12/15/2021 Invited Presenter | NYSGE Annual GI Fellows Endoscopy Course | From ESD to FTR for Removal of Pre-Malignant Lesions
10/23/2018 Invited Presenter | Howard J. Eddy Jr. MD Fellows Intracity Rounds | Lumen-apposing stents for benign luminal strictures | New York Society for Gastrointestinal Endoscopy | Lenox Hill Hospital | New York, NY
10/26/2016 Invited Speaker | Biliary Grand Rounds, AbbVie | Long-term outcomes of endoscopic gallbladder stenting in high-risk surgical patients with calculous cholecystitis" | Gastroenterology Physicians | Saint Louis, MO

Institutional, Local/National Service and Related Activity

Institutional Service

01/2020 – 02/2020 NYU GI Faculty Development | Leadership Course Member | New York, NY

Professional Service

Professional Service for Professional Organizations

08/2018 – present New York Society for Gastrointestinal Endoscopy
08/2015 – present American Society for Gastrointestinal Endoscopy
08/2015 – present American Gastroenterological Association
06/2014 – present American College of Gastroenterology

Organizing Roles in Scientific Meetings

12/2021 New York Society for Gastrointestinal Endoscopy Live Course | Faculty | Tisch Hospital, NYU Langone Health
12/2020 New York Society for Gastrointestinal Endoscopy Live Course | Faculty | Tisch Hospital, NYU Langone Health
12/2019 New York Society for Gastrointestinal Endoscopy Live Course | Command Center Moderator | Tisch Hospital, NYU Langone Health
12/2018 New York Society for Gastrointestinal Endoscopy Live Course | Fellow Presenter | Tisch Hospital, NYU Langone Health

Bibliography

Publications

Peer-reviewed Publications

1. Shahid HM, Bareket R, Tyberg A, Sarkar A, Simon A, Gurram K, Gress FG, Bhenswala P, Chalikonda D, Loren DE, Kowalski TE, Kumar A, Vareedayah AA, Abhyankar PR, Parker K, Gabr MM, Nieto J, De Latour R, Zolotarevsky M 5th, Barber J, Zolotarevsky E, Vazquez-Sequeiros E, Gaidhane M, Andalib I, Kahaleh M. Comparing the Safety and Efficacy of Two Commercially Available Single-Use Duodenoscopes: A Multicenter Study. J Clin Gastroenterol. 2022 Aug 24.

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2. Rhee e DW, Nayar AC, Yan JL, Gausman V, Park DS, Vareedayah AA. Endoscopy-guided transesophageal echocardiography for large esophageal varices: Use of the "Double Barrel" technique. *Echocardiography*. 2021 Nov;38(11):1970-1972.
3. Mahadev S, Vareedayah AA, Yuen S, Yuen W, Koller KA, Haber GB. Outcomes of hybrid technique using endoscopic mucosal resection and endoscopic full-thickness resection for polyps not amenable to standard techniques (with video). *Gastrointestinal Endoscopy* 2021 Feb 13
4. Ramay F, Vareedayah A, Visrodia K, Iyer P, Wang K, Eluri S, Shaheen N, Reddy R, Martin L, Greenwald B; Edwards M. What Constitutes Optimal Management of T1N0 Esophageal Adenocarcinoma? *Annals of Surgical Oncology* 2019;26:714-731.
5. Vareedayah A, Alkaade S, Taylor J. Pancreatic Adenocarcinoma. *Missouri Medicine* 2018;115:230-235.
6. Alkaade S, Vareedayah A. A primer on exocrine pancreatic insufficiency, fat malabsorption, and fatty acid abnormalities. *American Journal of Managed Care* 2017;23 S203-S209.
7. Dinarvand P, Vareedayah A, Phillips NJ, Hachem C, Lai, J. Gastric heterotopia in rectum: A literature review and its diagnostic pitfall. *SAGE Open Medical Case Reports* 2017;5:1-5.
8. Chhaparia A, Hammami M, Vareedayah A, Schroeder K. Eluxadolone-Associated Pancreatitis in a Post-Cholecystectomy Patient: A Case Report. *Delaware Medical Journal* 2017;89(3):90-92

Abstracts

1. Alansari T H, Alansari A, Vareedayah A, Tzimas D, Harley J. Why is this hemoperitoneum orange? a late diagnosed isolated rupture of the gallbladder secondary to blunt abdominal trauma. *American Journal of Gastroenterology Conference:(2019)*.
2. Pineles D, Vareedayah A, Poppers D. "the first burn is the deepest:" a cautionary tale in superficial APC therapy for radiation proctopathy. *American Journal of Gastroenterology. Conference:(2019)*.

Oral and poster presentations

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| 06/2022 | Al-Taee, Vareedayah AA, Gross S, Yuen S, Cohen J, Khanna L, Haber GB. Efficacy and Safety of Full Thickness (FTR) in the Upper Gastrointestinal Tract (UGIT): A Single Center North American Experience |
| 06/2021 | Yuen, S, Vareedayah AA, Morales S, Ooka K, Haber GB. Efficacy and Safety of Full Thickness Resection (FTR) in the Upper Gastrointestinal Tract (UGIT): A Single Center North American Experience. |
| 06/2020 | Beauvais, J C, O'Donnell M, Matta B, Saraceni M, Bedi G, Skinner MJ, Tzimas D, Shah PC, Serouya S, Goodman AJ, Janec E, DeLatour R, Vareedayah AA, Yuen W, Yuen S, Khanna, L Haber GB. The efficacy, safety, and long-term durability of lumen-apposing metal stents in the management of benign luminal strictures. <i>Digestive Disease Week, Chicago, IL (virtual)</i> |
| 06/2020 | Beauvais JC, Yuen W, Yuen S, Zaki TA, Matta B, Bedi G, Vareedayah AA, Haber GB. Hot avulsion is a safe technique for removal of visible residual neoplasia after endoscopic mucosal resection of colon polyps. <i>Digestive Disease Week, Chicago, IL (virtual)</i> |
| 05/2019 | Sofia T, Vareedayah AA, Skup M, Hoerter NA, Koller K, Mahadev S, Haber GB. A novel hybrid technique using endoscopic mucosal resection (EMR) and endoscopic full-thickness resection (EFTR) for large colorectal neoplasms unresectable by EMR alone. <i>Digestive Disease Week, San Diego, CA</i> |
| 05/2019 | Hoerter NA, Skup M, Yuen S, Vareedayah AA, Haber GB. The high rate of bleeding with duodenal polypectomy mandates a strategy specific to this location. <i>Digestive Disease Week, San Diego, CA</i> |
| 10/2016 | Vareedayah A, Pietrak S, Malhotra N, Chalhoub W, Loughney T. Perforated Appendicitis as a Complication of Colonoscopy: A Case Report and Review of Literature. <i>American College of Gastroenterology Annual Meeting, Las Vegas, NV</i> |

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- 10/2016 Assioun L, Vareedayah A, Frederickson N, Holmes S, Taylor J. Two Obstructions, One Stone: Gastric Outlet Obstruction and Gallstone Ileus Secondary to One Gallstone? American College of Gastroenterology Annual Meeting, Las Vegas, NV
- 10/2015 Vareedayah A, Singhal P, Mattar M, Charabaty A, Arumuganathan P. Evaluating Factors That Affect Adherence in Patients With Inflammatory Bowel Disease. American College of Gastroenterology Annual Meeting, Honolulu, HI
- 10/2014 Vareedayah A, Singhal P, Gottlieb K. How to Get Unstuck: Difficult Polypectomy Involving a Solitary Cecal Ganglioneuroma. American College of Gastroenterology Annual Meeting, Philadelphia, PA

Patents