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Student Services



NEWSLETTER FOR STUDENTS, FACULTY, AND STAFF



December 2017



Events



On behalf of the Office of Student Affairs and the entire College of Medicine staff, you are cordially invited to the annual Medical Student Winter Luncheon Celebration.

Friday, December 8, 2017
Faculty Alumni Lounge, Room 119 - CMW
11:00a.m. – 2:00p.m.

The celebration includes lunch, dessert, and winter cheer!



COM Artists & OSA Medical Student Wellness Presents

FILM SCREENING

"ELF"

Tuesday, December 12
5:30pm
CMW 106
Food will be served!



Office of Student Affairs Medical Student Wellness
Inhale Love ♥ Exhale Gratitude

December Wellness Home Stretch & Spreading Some Cheer

<p>Tuesday 12/5 Therapy Dogs</p> <p>🕒 1:30 – 3:30 PM Annex Basement</p>	<p>Tuesday 12/12 Cookies for Cheer</p> <p>🍪 12:00 – 2:00 PM Student Lounge (RM 420)</p>	<p>Friday 12/15 Massage Therapists</p> <p>🕒 12:00 PM – 3:00 PM Student Lounge (RM 420) Please RSVP for an appointment to Melissa Hernandez at pmhern@uic.edu</p>
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REMINDERS...

Wellness Center Initiatives:
- Food Drive – Pop-up Pantry Wellness Center – Donate food to OSA

Counseling Center Initiatives: 312-996-3490
"Let's Talk" Sessions on Thursdays, 4-6pm at Student Center West Room 235
"Meditation" Sessions on Wednesdays, 5-5:45pm at Sports and Fitness Center West Side




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Announcements

How Are You Feeling?

Mental health is a key part of your overall health. Brief screenings are the quickest way to determine if you or someone you care about should connect with a mental health professional - they are a checkup from your neck up. This program is completely anonymous and confidential, and immediately following the brief questionnaire you will see your results, recommendations, and key resources. Check out the UIC Screening available to all students [here!](#)

Staying Safe

UIC Police Department is organizing a self-defense class for women students. The four-hour course is designed to introduce the student to strategies, tactics and techniques needed to win a confrontation against an attacker. This course focuses on building the student's confidence in her ability to defend herself.

December 3 or 17, 1:00 pm - 5:00 pm, 1601 W Taylor St. Room 114

Parking: Street parking on Taylor St.

Public transportation: Ashland Ave #9 bus, Pink Line. (Any question about CTA travel information contact RTA 312.913.3110)

Attire: Comfortable clothing, preferably active wear

ID: Please bring an ID

Contact uicpdawsda@uic.edu to register for a specific date. Thanks! We are looking forward to seeing you! If you need more information, contact Investigator Tawanna Clark, Self Defense Instructor, at 312.617.9717 or <tclark9@uic.edu>.



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M2 Students,

I know this is a very busy time with finals approaching but I would like to send a friendly reminder to please complete the [AAMC Y2Q Survey](#) that was sent to you by the AAMC.

As an incentive:

All students who complete the Y2Q will be eligible to win a Step 1 study pack which will include a 2 hour study session with a OSA peer educator and a voucher for a NBME self-assessment (which you can use for any form). We will be giving away three of these Step 1 packages. This is valued at over \$100 each.

You can use your time with the peer educator as you like including:

- To help develop a study plan.
- Focus on a particular subject.
- General study tips.

To be eligible to win

1. Complete the AAMC Y2Q survey.
2. Drop off your confirmation sheet at OSA by noon on December 4th.

Drawings will be held at 1 p.m. on December 4th, December 11th, and December 15th.

Winners will be notified via email by their OSA advisor.

Regards,

Mark Urosev, M.A.
Assistant Dean of Student Affairs



Amber LaRocco

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Financial Aid & Registrar

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Registrar

Spring 2018 Registration

The Registrar's Office is in the process of registering all students in November for the Spring 2018 semester with the University. Once the process is complete, an announcement will be sent to each class listserv.

Compliance

A friendly reminder, please make sure to monitor the dates that your immunizations expire and update at least 4 weeks prior so that you do not experience any issues regarding registration or clinical activity.

M4 Audit

The College of Medicine allows you to audit your graduation requirements. Please visit the College of Medicine's Online Score and Grade Summary at <http://services.com.uic.edu/studentgrades> and click on "Student Pathway Audit Link." This page will display which courses you have scheduled and which graduation requirements they fulfill. There is a box that will indicate if you have met your pathway requirements.

Rising M4 Class Meeting

A class meeting for rising M4 students to discuss the M4 lottery, VSAS and scheduling will be held on January 10th at 6pm. More information to follow.



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M1

Make the most of your time off for the holidays by exploring your options for the summer. A great place to start is the Summer Opportunities tab on the Chicago M1 Resources [blackboard page](#). Here you will find a folder of current opportunities, search engines for activities, and suggestions from fellow students. Likewise you will see a link to a specialty career advisor list which consists of clinicians here at UIH who are open to students reaching out to them. Finally, don't forget to utilize your LCA who is another great clinical connection. Enjoy exploring and celebrating this break!

M2

Step 1

Please be sure to start the Step 1 registration process this month. If you have any questions or concerns regarding this process please [click here](#) or contact your OSA advisor.

If you are thinking about applying for accommodations for your Step 1 exam please contact your OSA advisor as soon as possible to discuss the process

Final Exams

Good luck on your Final Exams!! We understand that taking final exams can illicit feelings of overwhelming stress and anxiety. If you are having those feeling or if you believe you may need a little extra help understanding the material you learning reach out to an OSA advisor.

Finally, enjoy your upcoming winter break!!



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M3

Class presentations regarding M4 Year Scheduling and Away Rotations are coming up. It is mandatory to attend one of these two sessions.

December 1, 2017

Room 106 CMWT

-OR-

December 15, 2017

Room 106 CMWT

3:15pm: Doors open/food will be provided

3:45pm: Presentation will begin after shelf examination

RSVP to pmhern@uic.edu

M4

Questions about your interview status? Fill out the [survey](#) sent by OSA. This survey will help us to address any concerns that you may have related to the match process.

Remember to reference the [absence policy](#) when asking for time off for residency interviews! Finally, don't forget to check out the [HOST](#) Program setup by alumni volunteers to help M4s travel for interviews.



Amber LaRocco