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Dear Friends and Colleagues,

We are writing to inform you that we have reached a remarkable milestone in our primary care-based adolescent depression prevention study, PATHway.

We have successfully completed recruitment for the PATHway study, having recruited 400 teens from across the United States. We are enormously proud of this accomplishment, which could not have been done without our incredible research team and the invaluable support and enthusiasm from our research partners and institutions – each of you. This achievement builds off the hard work accomplished during the Pathway to Adolescent Health Study (PATH), which was conducted from 2011-2016 and recruited 369 adolescents and which represented, at the time, the largest primary care youth-depression-prevention study. We would also like to acknowledge both Dr. Lefaiver and Dr. Canel, who worked as site investigators on the PATH study, as well as on the PATHway study.

Recruitment for PATHway began in March 2022, and was heavily impacted by the lingering effects of the COVID-19 pandemic. Despite this setback, we were able to complete recruitment in October 2024, enrolling 400 adolescents for the study.

We are currently in the process of collecting follow up data, and early data collection looks extremely positive. Table 1, shown at the right, shows the demographic information for our study sample at baseline. As can be seen, we have been able to collect a diverse sample across not only race and ethnicity, but also by socioeconomic status. Table 2 shows current data collection, and despite an expected loss to follow up at the later time points, our retention rates have remained higher than seen in previous studies. Notably, we have been able to collect at least some data from over 77% of participants at 12 months.

Table 1: Baseline Demographic Data

	Mean or N	SD or %
Age, year (13-19)	15.31	1.72
Sex assigned at birth		
Female	276	69.00%
Male	124	31.00%
Gender identity		
Female	255	63.75%
Male	125	31.25%
Other identity	20	5.00%
Race/ethnicity		
Hispanic/Latino/a/x	89	22.25%
Black/AA, not Hispanic	95	23.75%
White, not Hispanic	144	36.00%
Asian, not Hispanic	43	10.75%
Other, not Hispanic	29	7.25%
Financial situation		
Live comfortably	151	38.52%
Meet needs with a little left	147	37.50%
Just meet basic expenses	76	19.39%
Don't meet basic expenses	18	4.59%
Spanish Speaking Parent	14	5.40%

Table 2: Retention at Follow-up

Time Point	Data collection window closed	Dropped N	Any Data N	Any Data %	Complete Data N	Complete Data %
2 months	257	6	240	93.4%	199	77.4%
6 months	191	15	164	85.9%	146	76.4%
12 months	99	13	77	77.8%	65	65.7%

We are extremely grateful for everyone's contributions to these large, complex, and important projects. We could not have successfully completed them without your involvement and input and are very much looking forward to both sharing the results of this trial, as well as collaborating on future projects.

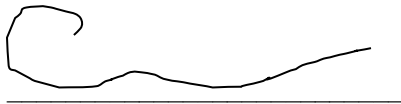
Sincerely,



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