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Dear Friends and Colleagues,

We are writing to inform you that we have reached a remarkable milestone in our primary care-based adolescent depression prevention study, PATH 2 Purpose.

We have successfully completed recruitment for PATH 2 Purpose having enrolled 636 teens between Cohort 1 and Cohort 2. We are enormously proud of this accomplishment, which could not have been done without our incredible research team and the invaluable support and enthusiasm from our research partners and institutions – each of you. This achievement builds off the hard work accomplished during the Pathway to Adolescent Health Study (PATH), which was conducted from 2011-2016 and recruited 369 adolescents and which represented, at the time, the largest primary care youth-depression-prevention study. We also acknowledge Dr. Lefaiver, who worked as a site investigator on the PATH study, as well as PATH 2 Purpose.

PATH 2 Purpose began in March 2019, with recruitment beginning in January 2020, only to be interrupted by the COVID-19 pandemic, which upended our lives and work. Despite this setback, our team was able to find new means of recruitment, and we successfully concluded the recruitment process in September 2024, with 636 adolescents enrolled. Utilization of the interventions has been positive, with teens completing an average of 3.8 out of 15 CATCH-IT modules, and 74% of teens logging in to CATCH-IT at least once. For TEAMS, 78.4% of teens attended at least one weekly session, and attended on average 4.1 out of 8 weekly sessions.

We are currently in the process of collecting follow up data, and early data collection looks extremely positive. Despite an expected loss to follow up at the later time points, our retention rates have remained higher than seen in previous studies. Notably, we have been able to collect at least some data from over 89% of the sample at 2 months and over 71% of participants at 18 months. Table 1 shows the demographic information for our study sample at baseline, and as can be seen, we have been able to collect a diverse sample across not only race and ethnicity, but also by socioeconomic status. Further, both arms are very similar in terms of demographics.

We are extremely grateful for everyone's contributions to these large, complex, and important projects. We could not have successfully completed them without your involvement and input and are very much looking forward to both sharing the results of this trial, as well as collaborating on future projects.

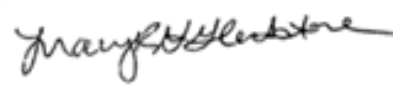
**Table 1. Baseline Demographic Characteristics of Enrolled Participants, Cohort 1**

	CATCH-IT N=349		TEAMS N=187		All N=536	
	Mean or N	SD or %	Mean or N	SD or %	Mean or N	SD or %
Age, year (13-19)	15.6	1.7	15.4	1.6	15.5	1.7
Sex assigned at birth						
Female	247	70.8%	127	67.9%	374	69.8%
Male	102	29.2%	60	32.1%	162	30.2%
Gender identity						
Female	236	67.6%	124	66.3%	360	67.2%
Male	102	29.2%	59	31.6%	161	30.0%
Transgender male	0	0.0%	1	0.5%	1	0.2%
Non-binary	4	1.1%	2	1.1%	6	1.1%
Gender non-conforming	1	0.3%	0	0.0%	1	0.2%
Questioning/unsure	3	0.9%	1	0.5%	4	0.7%
Other identity	3	0.9%	0	0.0%	3	0.6%
Race/ethnicity						
Hispanic/Latino/a/x	108	30.9%	44	23.5%	152	28.4%
Black/AA, not Hispanic	143	41.0%	91	48.7%	234	43.7%
White, not Hispanic	67	19.2%	36	19.3%	103	19.2%
Asian, not Hispanic	15	4.3%	7	3.7%	22	4.1%
Other, not Hispanic	16	4.6%	9	4.8%	25	4.7%
Financial situation						
Live comfortably	104	31.9%	48	26.4%	152	29.9%
Meet needs with a little left	115	35.3%	71	39.0%	186	36.6%
Just meet basic expenses	93	28.5%	49	26.9%	142	28.0%
Don't meet basic expenses	14	4.3%	14	7.7%	28	5.5%

Sincerely,



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